

# Scottish Autism

Who we are and what do we do?

**SCOTTISH  
AUTISM**

Embracing difference,  
leading change



# Who we are

We are Scotland's leading autism charity. We support autistic people and their families across the country, and take action to achieve the more inclusive world we want for all autistic people.

We embrace difference: recognising that autistic ways of thinking and being contribute to the richness of our society, we know that support must meet the needs of each individual on their own terms.

We lead change: through our innovative practice, campaigning, and research we show that a different world is possible for autistic people and their families.

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# A Lifetime of Support

Founded in 1968 by parents of autistic children, who saw the need for better understanding and support, we have grown to become Scotland's largest provider of autism-specific services and a leading voice for societal change.

Today we support autistic people and their families across the length and breadth of the country, throughout their life journey.



With over 1,000 staff across Scotland and a Head Office in Alloa, we provide a wide range of services.

- Day and vocational opportunities
- Supported living and outreach
- Respite services
- Specialist transition support
- Support for older autistic adults
- Education and lifelong learning
- One stop shops and community, peer or online activities
- National Advice Line



Whatever form our support takes, our commitment is the same – to provide the best possible specialist services for autistic people, shaped by the experiences and views of autistic people and real understanding built through our decades of experience and knowledge building.

# Embracing difference, leading change

Our Centre for Practice, Policy and Research is a vital hub for sharing knowledge and influencing better support for autistic people. We recognise the contribution that autistic people have to make to society, and campaign for a world where autistic people can thrive. We are led by the priorities of our community, and we are working to ensure that autistic people are included in decision-making at every level within Scottish Autism



# Autism is...

...a lifelong neurodevelopmental difference in the way a person communicates, moves, interacts, and processes the world around them.

1 in 100 are autistic, however this number is likely much higher

**Movement**



**Thinking**



**Communication**



**Sensory  
Processing**





Delivered by

**SCOTTISH  
AUTISM**

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# Our Mission...

...to work closely with organisations, communities and individuals, providing the knowledge, tools and confidence they need to create truly inclusive environments for autistic people.

We are constantly inspiring meaningful change, fostering understanding and advocating for a society where everyone can thrive.





## Your Partner in Inclusion

At Scottish Autism, we believe that real change is collaborative. That's why our training and consultancy service, Elevate, goes beyond basic awareness training. We work with you to develop tailored strategies that create lasting impact, ensuring your organisation is not just inclusive but neuro-affirmative.





Professional Services



Community and Voluntary



Sport and Active Health



Health and Social care



Education



Commercial Services

## Tailored solutions, measurable impact

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Tailored Training backed up by 60 years of learning.

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Expert Consultancy driven by a deep understanding of the reality of where we are today.

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There is no one size fits all here. We build bespoke solutions, not quick fixes.

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Real lived experience that elevates our insight.



Satisfaction rating  
of **4.7**  
★★★★★

Over **580**  
participants trained  
this year

I enjoyed all aspects of the course, that the tutor answered questions we had and involved us within the whole class, I also enjoyed learning new things about autism I'd never thought of before or had been educated in.

“It was full of information that I never thought before”

98% participants would recommend our learning

97% felt the support and knowledge offered was relevant to their sector



## Organisations We Have Worked With



BARCLAYS



lindsays





# Elevate

Ready to elevate your understanding?  
Scan here to visit our website, [elevateautism.org](https://elevateautism.org)

