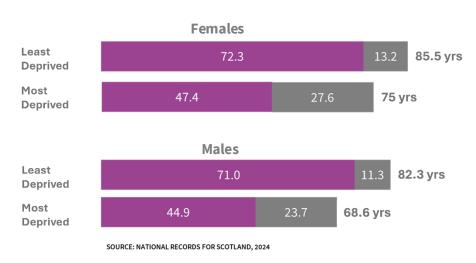
State of the Nation



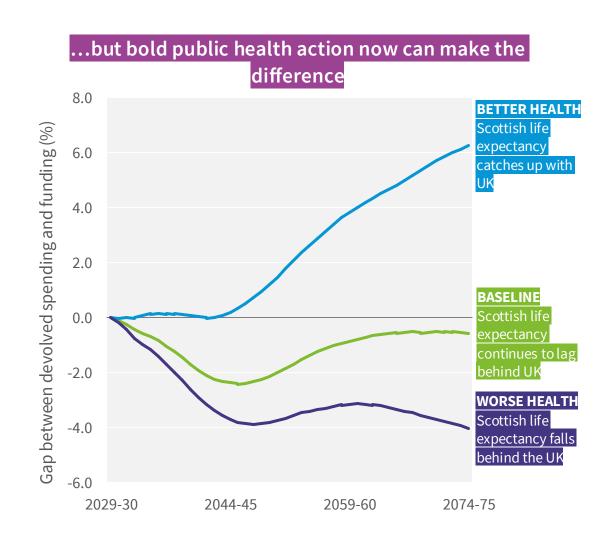
ADDRESSING SCOTLAND'S FUTURE CHALLENGES

Scotland faces significant health challenges...

Healthy Life Expectancy/ Life Expectancy







SOURCE: SCOTTISH FISCAL COMMISSION, 2025



THE FUTURE OF SCOTLAND'S HEALTH

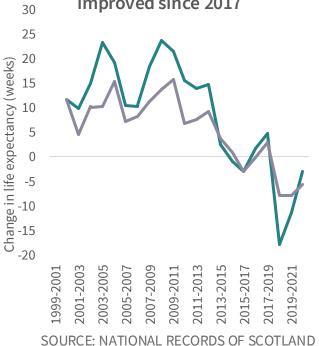
Health no longer improving



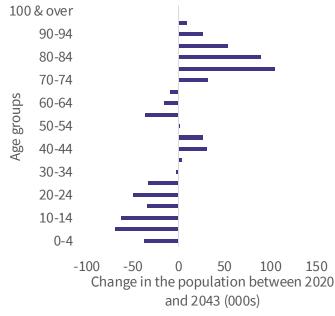
Aging population

Increasing health burden



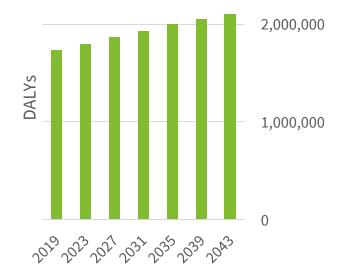


Scotland's population is getting older



SOURCE: OFFICE FOR NATIONAL STATISTICS

Scotland's health burden is increasing



SOURCE: PUBLIC HEALTH SCOTLAND



THE BURDEN OF DISEASE - FORECAST TO INCREASE BY 21%

Two thirds of this increase will be due to increases in:







Rank	Absolute change	Percentage change
1	Cardiovascular diseases	Common infectious diseases*
2	Cancers	Cardiovascular diseases
3	Neurological disorders	Neurological disorders
4	Chronic respiratory diseases	Unintentional injuries
5	Diabetes and kidney diseases	Diabetes and kidney diseases
6	Common infectious diseases*	Chronic respiratory diseases



MOST PEOPLE ARE EXPOSED TO ONE OR MORE RISK FACTORS

PROPORTION OF PEOPLE IN SCOTLAND AFFECTED



Obesity & Overweight





Physical inactivity





Harmful alcohol use









Smoking







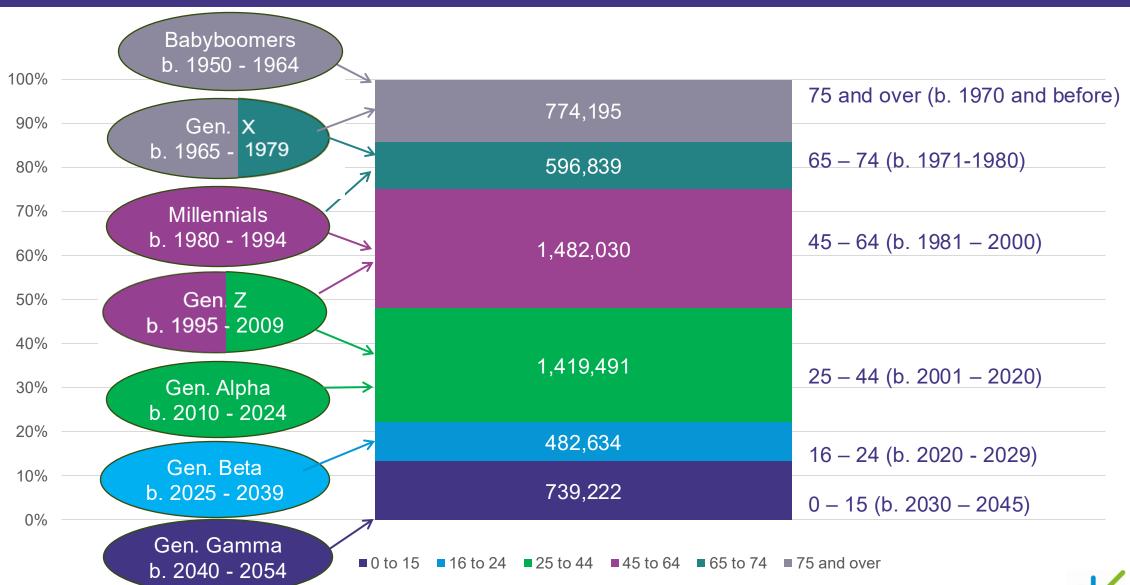
Drugs



SOURCE: CMO ANNUAL REPORT 2024, SCOTTISH GOVERNMENT

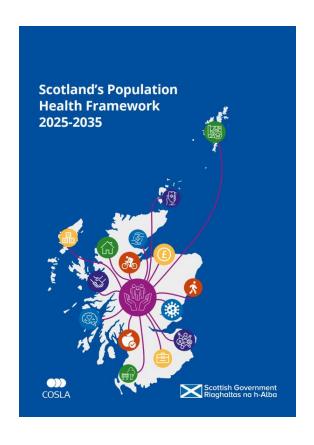


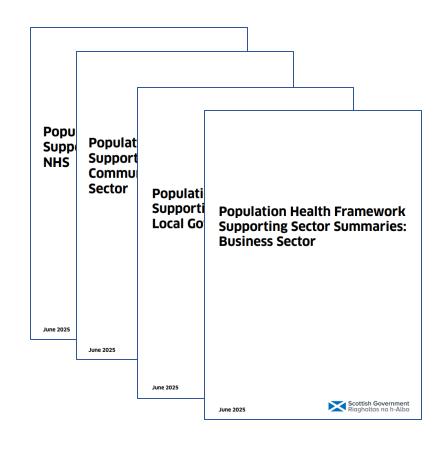
MEET THE PUBLIC OF 2045

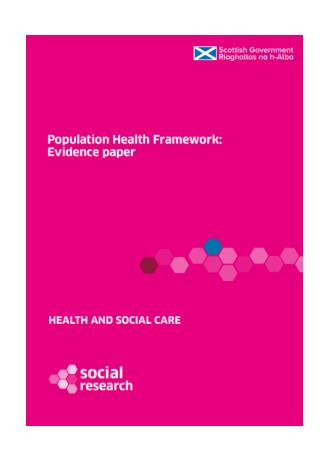




DELIVERING REFORM







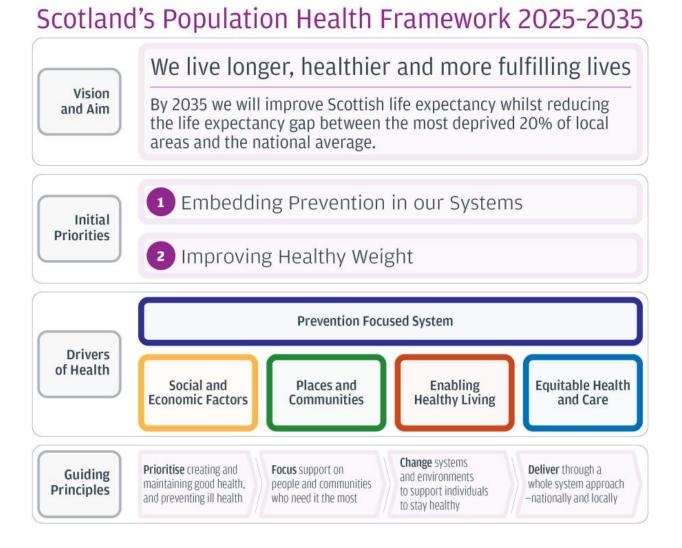
Framework

Sector Summaries

Evidence Paper



THE FRAMEWORK AT A GLANCE





Intersectionality



Intersectional Wheel of Advantage

Wheel of Advantage





CODE OF PRACTICE

Public Health Scotland is taking steps to ensure the safe and appropriate use of race and ethnicity data, including developing a Code of Practice for PHS staff on the collection, analysis and reporting of race and ethnicity data.



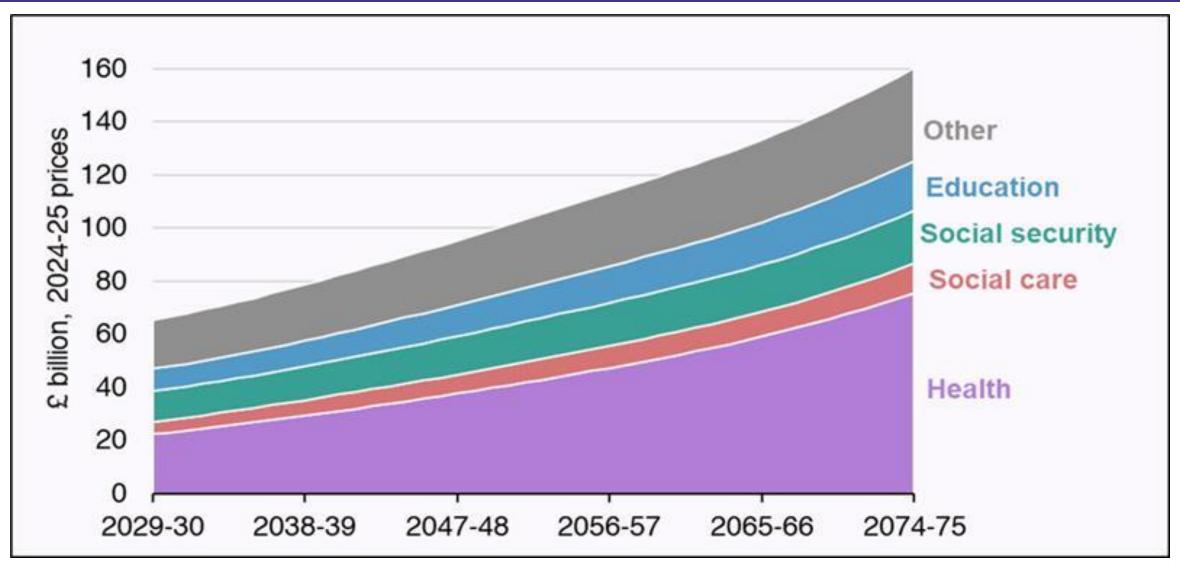
A code of practice for collecting, analysing, and reporting race and ethnicity data

CODE OF PRACTICE





The Need for Public Sector Reform





Whole Systems Working



National and local organisations across all sectors working together with communities to improve population health and reduce inequalities.

