NHS Renewal and Reform

March 2025



Health and Social Care Vision

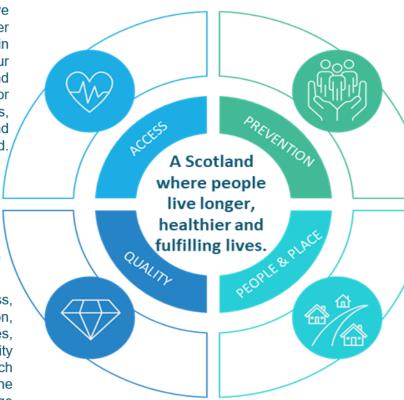
A Scotland where people live longer, healthier and fulfilling lives

Health and care is accessible, seamless and respects individual needs

We all have equitable access to high quality advice and effective care appropriate to our needs. This will be delivered with greater level of integration for person-centred care by the right people in the right place at the right time. Proportionate rebalancing of our health and social care services towards community-first (and digital first) approach to deliver the majority of services in or closer to people's homes in primary and community care settings, with integrated pathways alongside a network of hospitals and centres of excellence to support complex care when required./

Health and care is high quality, effective and value for money

Health and social care services will have increased effectiveness, quality and value for money through clear prioritisation, innovation and reform of models of care, systems and structures, and how we monitor performance. We will safeguard priority transformation programmes, supporting a community focus such multi-disciplinary teams and virtual wards. We will harness the power of innovations: targeting improvement and change supported by digital transformation; and driving the delivery of digital services and technological advances such as AI to support prevention, early detection, diagnosis and treatment at scale; ensuring equitable patient-facing access.



Prevention, self-care and early intervention improve health and wellbeing

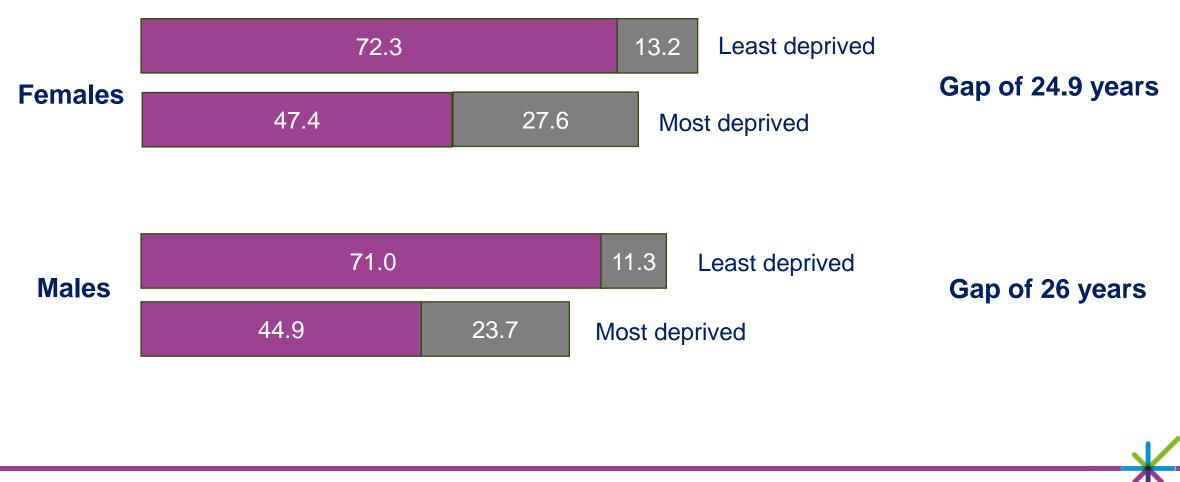
We build on strong foundations from successful public health interventions to drive holistic approach to health creation, prevention and early intervention, harnessing all community assets. We will enable growth in self-care by supporting people of all ages to be knowledgeable, connected and empowered to look after their own health and wellbeing. We harness Scotland's power in data and technological advances to equitably support prevention and enable the promotion of healthy flourishing communities, with focused work on the most vulnerable, health inequalities, and tackling key disease burdens.

Our living and working conditions create good health

Long term wellbeing is at the heart of decision making, with health and social care services making a distinctive and positive contribution to the wellbeing of local communities. The assets and strengths of our communities are fulfilled, building community wealth for the benefit of future generations and creating the living and working conditions that support good health. We will have a strengthened equitable approach to ensure those facing the highest inequalities are supported to have improved health outcomes.

The need for Reform

Healthy life expectancy, 2019-21



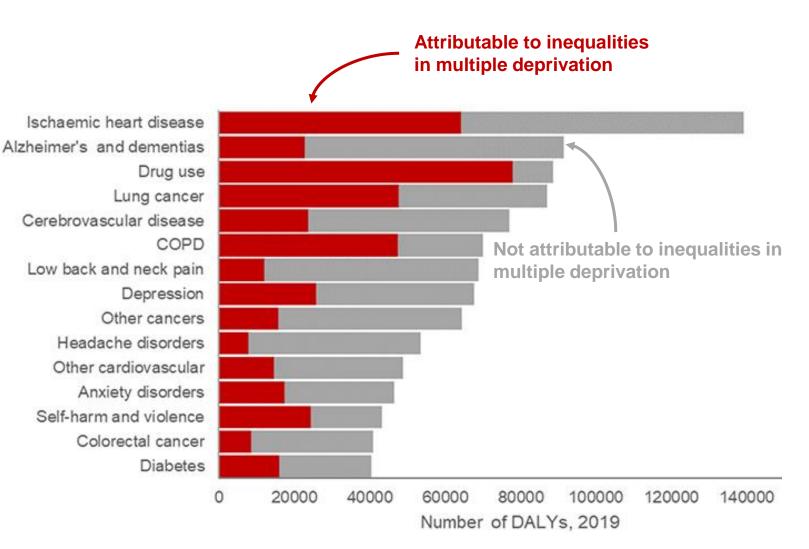
https://www.nrscotland.gov.uk/media/5msf5rhw/healthy-life-expectancy-2019-2021-report.pdf

PROPORTION OF PEOPLE IN SCOTLAND AFFECTED

0	Obesity & Overweight	**************************************	
7	Physical inactivity	* * * * * * * * * * * * * * * * * * * 	
	Harmful alcohol use	• •	
•	Smoking	• •	
J. S.	Drugs	• •	
		SOURCE: CMO ANNUAL REPORT 2024, SCOTTISH GOVERNMENT	

The need for Reform

- Around a third of the burden of disease is attributable to inequalities in multiple deprivation, and therefore preventable
- The leading contributors to the disease burden are making the largest contribution to health inequalities
- For 15 of the 20 leading causes, at least a quarter of the disease burden was inequalityattributable





Grant I, Chalmers N, Fletcher E, Lakha F, McCartney G, Stockton D, Wyper GMA. Prepandemic inequalities in the burden of disease in Scotland due to multiple deprivation: a retrospective study. BMJ Public Health. 2023;1:e000191. doi: https://doi.org/10.1136/bmjph-2023-000191

The need for Reform

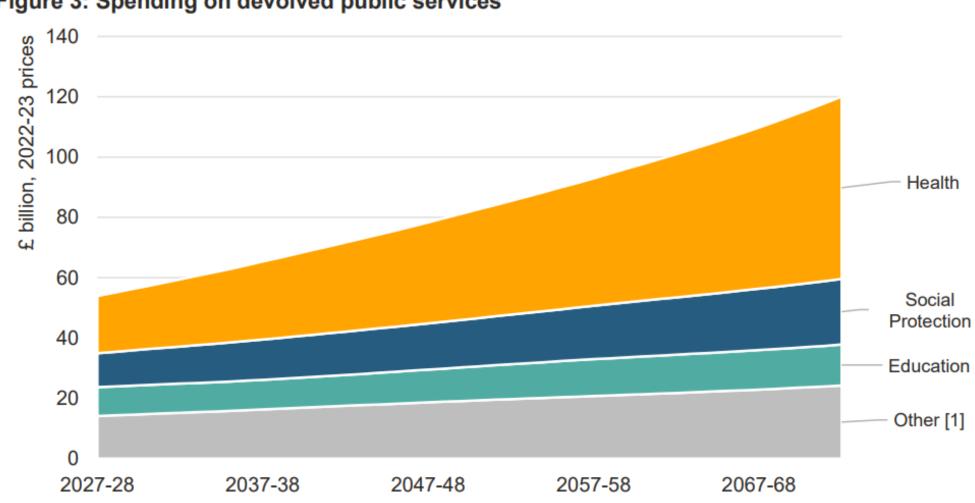


Figure 3: Spending on devolved public services

Source: Scottish Fiscal Commission

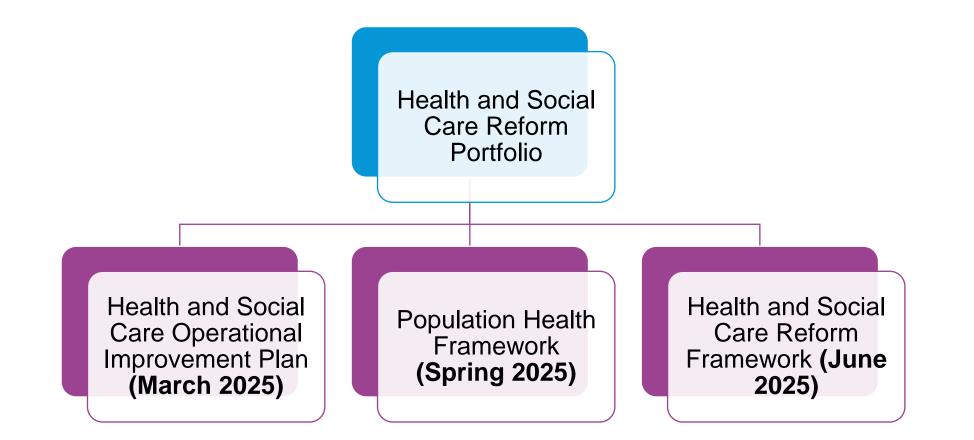
[1] 'Other' includes devolved areas of spending such as transport, public order and safety, and recreation and culture.

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Focus of Reform







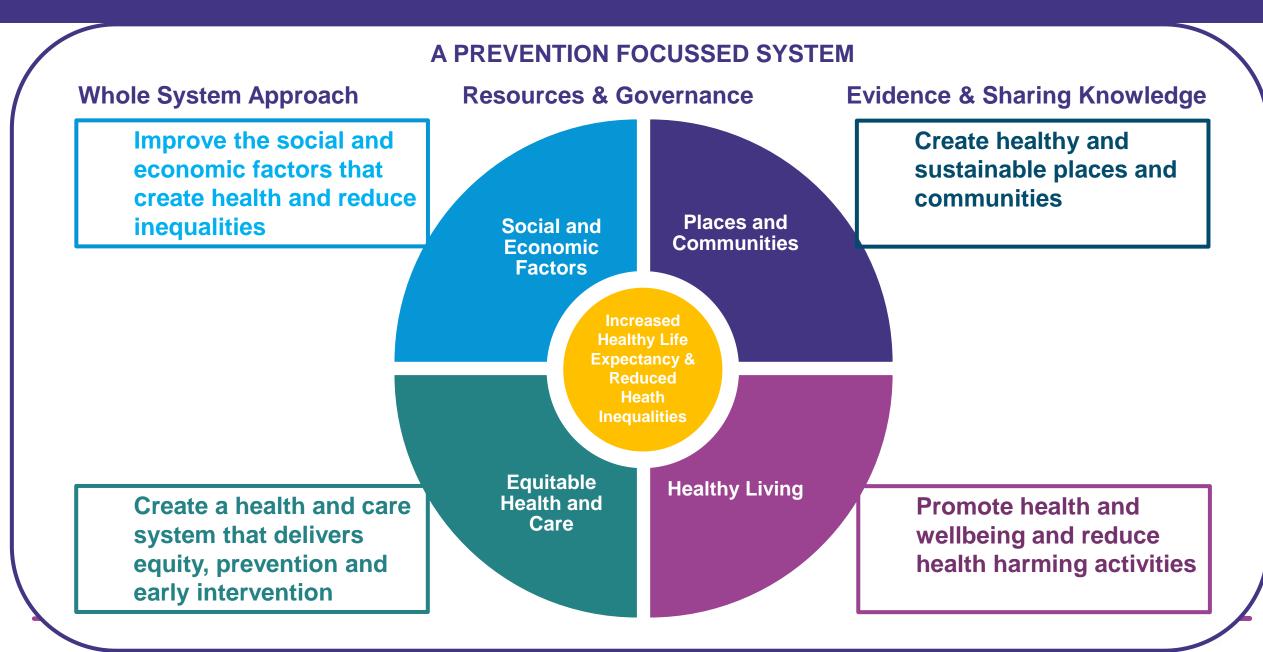
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Delivering Reform – HSC Operational Improvement Plan

Focuses on the immediate actions over the next 12-18 months		Improving access			Shifting the balance of care	
Digital & technological innovation		Prevention			Delayed discharges	
Improving waiti times			Laying the foundations for future reforms			

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Delivering Reform – Population Health Framework



BUILDING A HEALTHY FUTURE

SCOTLAND'S FRAMEWORK FOR POPULATION HEALTH

We live longer, healthier and fulfilling lives

NATIONAL TARGET- IMPROVE LIFE EXPECTANCY AND NARROW GAP

Priority 1: Develop a system that prioritises addressing inequalities and improving prevention within planning, budgets and accountability Initial **Priorities** Priority 2: Develop a whole system approach to improve food environments; ensure a healthy, balanced diet is accessible and affordable to all; and improve population levels of healthy weight **SOCIAL & ECONOMIC EOUITABLE HEALTH &** PREVENTION **Drivers of PLACES & ENABLING HEALTHY** FACTORS **COMMUNITIES** CARE FOCUSED SYSTEM Health LIVING Develop first National Regulate to create Redirect a significant **Social Prescribing** healthier food retail Strengthen health Develop prevention spend Initial proportion of NHS spend Framework protection capabilities prioritisation approaches environment Actions to local suppliers Publish refreshed diet and • Develop a Healthcare Introduce Marmot Places in Improve spatial and Deliver new Health and community planning to alcohol & drugs action **Inequalities Action Plan** Scotland Work Action Plan create health plans Innovate with digital and Long-term Create first generation free Rollout lung screening Outcome based budgeting embed digital inclusion Reduce 27-30 month focus from tobacco addiction across Scotland concerns by a quarter by Prevention focussed Stronger accountability Halve obesity levels Eliminate cervical cancer and 2030 licensing & planning based on prevention National Drugs Mission **Public Service Reform** Early Child Development Programme **Community Empowerment Act** Value-Based Health & Care Action Child Poverty Action Plan National Planning Framework 4 Mental Health & Wellbeing Strategy Screening in Scotland Equity Strategy Fairer Future Partnerships through NHS Climate Emergency & Physical Activity for Health National Strategy for Economic **Five Year Vaccinations Delivery Plan** Whole Family Wellbeing Programme Transformation Sustainability Strategy Framework Existing Plans **Keeping the Promise** Housing to 2040 **Tobacco & Vaping Framework Education / Attainment** National Transport Strategy

Guiding Principles We will <u>prioritise</u> creating & maintaining good health and preventing ill health We will <u>focus</u> support on the **people** and communities who need it the most We will <u>change</u> **systems and environments** to support individuals to stay healthy We will <u>deliver</u> through a **whole** system approach - nationally and locally

Delivering Reform – HSC Reform Framework

- Health and Social Care reform is crucial to achieve greater life expectancy and to ensure public services are sustainable and provide value for money.
- Our focus must be to improve the health and wellbeing of population, with a foundational preventative approach.
- To do this we must be inclusive, involving people in the reform of the system and all partners must work collaboratively to deliver the reform needed.
- The change must be embraced by everyone and a coherent approach, with a clear direction of travel is crucial.



Questions