

# Population Health Framework

Autumn 2024

# Why is this needed?

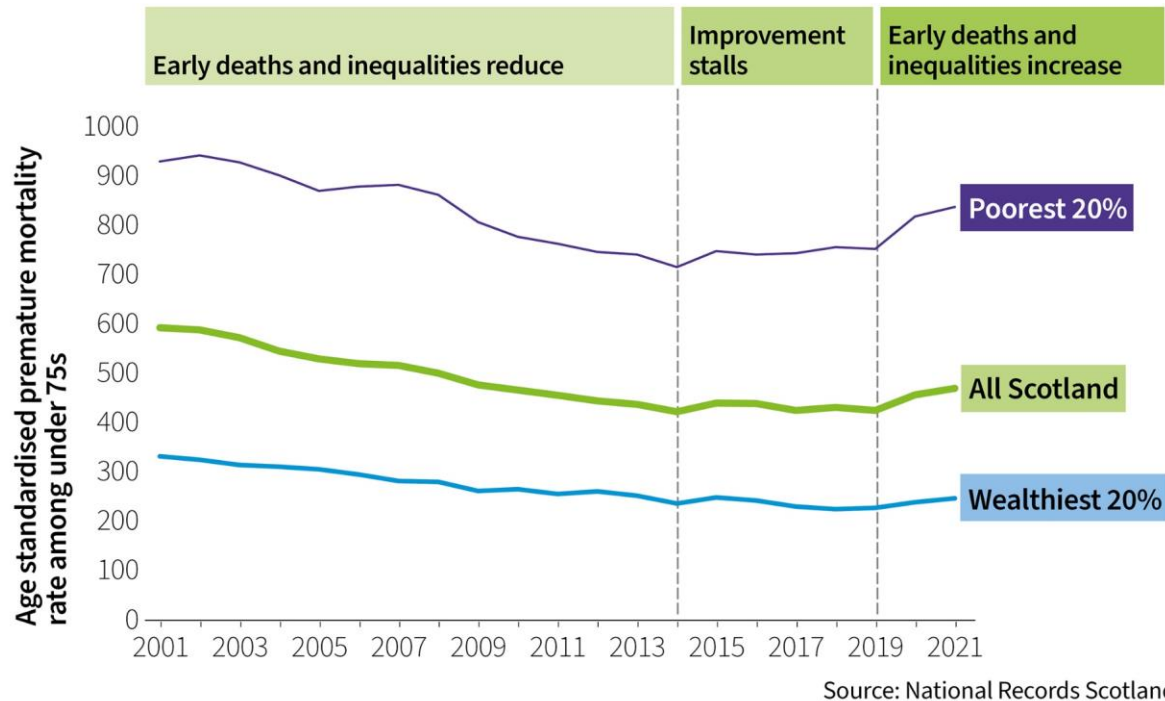
Improvements in population health have stalled and Scotland's health is worsening.

People are dying younger.

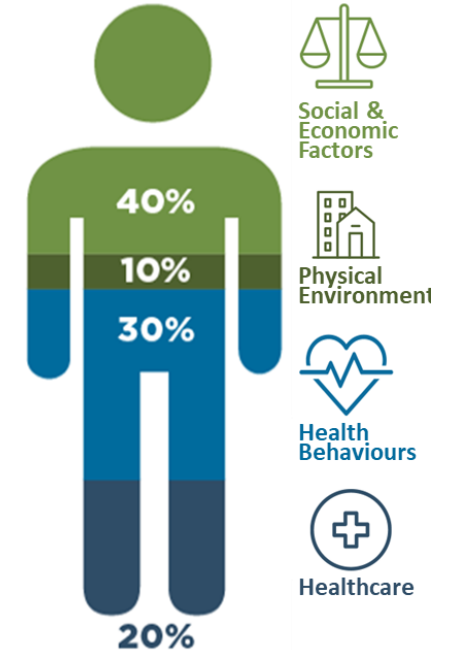
The number of people dying early is increasing.

People are spending more of their life in ill health.

The gap in life expectancy between the poorest and the wealthiest is growing.



## Four Pillars of Health



Burden of disease is forecast to increase by 21% over next 20 years

Two thirds of this increase will be due to increases in:



Cancers



Cardiovascular disease



Neurological conditions

# Population Health Framework for Scotland 2024 - 2034

## Purpose

To accelerate the improvement and recovery of population health in Scotland through a coherent long-term framework of whole system, primary preventative action.

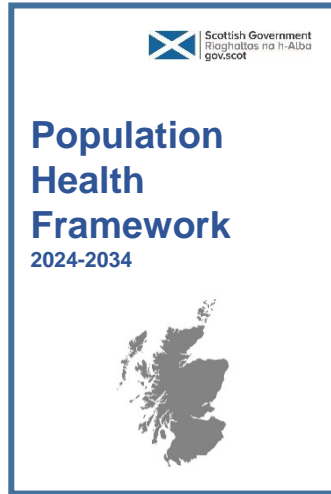
## Audience

Whole system that has a role to play in creating and maintaining good health.

## What would add value?

- ✓ Coherent narrative on the drivers of health inequalities and the need for upstream, primary prevention.
  - ✓ Evidence on future threats and preventative actions that lead to measurable improvement in population health.
  - ✓ A Framework, that:
    - ✓ Sets out our national aims, priorities & approach
    - ✓ Builds on recent strategic plans, identifies gaps and where there is added value in collective action
    - ✓ Has flexibility to frame future action in response to new challenges
  - ✓ New actions, approaches or programmes for improvement that will deliver change – focussed on agreed priority areas.
- ✗ Repeating all evidence on issues for population health & inequalities.
  - ✗ Extensive list of actions for all aspects of population health (main focus of framework is primary prevention)
  - ✗ A Theoretical Strategy with no new actions

# Current thinking on products...



**Framework** – clear, simple, impactful - setting out:

- Vision, Aims (targets?)
- Summary of context
- Key outcomes & actions
- How we will implement



An **Evidence Narrative** on population health in Scotland, to be published alongside the Framework



**Whole System Approach - 2 pagers**

- System summaries setting out that part of the system's role in population health, how it can work in partnership to drive change & key actions from the framework
- SG, Local Government, NHS, CPPs, Businesses, Community & Voluntary Organisations

# Approach to Developing the Framework

## A PREVENTION FOCUSSED SYSTEM

### Whole System Approach

### Resources & Governance

### Evidence & Sharing Knowledge

*Improve the social and economic factors that create health and reduce inequalities.*

*Create a health and care system that delivers equity, prevention and early intervention.*

**Social & Economic Factors**

**Places & Communities**

**Equitable Health & Care**

**Healthy Living**

**Increased Healthy Life Expectancy & Reduced Health Inequalities**

*Create healthy and sustainable places and communities.*

*Promote health and wellbeing and reduce health harming activities.*

# Developing the Population Health Framework

Increased Healthy Life Expectancy & Reduced Health Inequalities

We will prioritise creating & maintaining good health and preventing ill health

We will focus support on the people and communities who need it the most

We will change systems and environments to support individuals to stay healthy

We will deliver through a **whole system approach** - nationally and locally

National Improvement Programmes

Social & Economic Factors

Places & Communities

Healthy Living

Equitable Health & Care

Prevention Focussed System

Drivers

# Population Health Drivers and Topics

Social & Economic	Place & Communities	Healthy Living	Equitable Health & Care	Prevention Focussed System
Children and Young People	Building Healthy Environments	Enabling Healthier Lives	Population Level Prevention and Early Detection	Whole System Approach
Working Age Population	Local Partnership Working	Reduce attractiveness, availability and affordability of health harming products	Healthcare Inequalities	Reorienting System to Prevention
Wellbeing Economy and Health	Health Creating Communities	Addressing the harm caused by drugs and alcohol	Innovation	Evidence, Data and Monitoring Change

# Questions

**Priority:** Given the evidence on current trends and forecasts in Scotland's health, what are the top priorities for collective action as we begin to apply the Framework in its first two years?

**Ambition:** Should the Framework adopt a single Scotland level aim such as improving life expectancy or healthy life expectancy and narrowing the inequality gap to galvanise whole system support for improvement and if so what should the measure(s) be?

**Principles:** What steps can be taken to secure progress within each Guiding Principle of the Population Health Framework?

**Actions:** What specific additional actions should be taken in Scotland to have the biggest impact on supporting healthy living? (For example, on the affordability, attractiveness and availability of health harming products?)

**Equity:** How can we improve equity in the population level prevention of ill health and early detection of disease?

**Accountability:** What specific actions would improve accountability of different sectors to securing progress in moving to a prevention focused system?

**Opportunity:** Over the ten-year horizon of the Framework what innovation could bring the greatest opportunities to secure health gains and reduce the burden of disease?