

Linda Bauld



Population health & Scotland's vital health sector

Current Context

Life expectancy no longer improving



Demographic change



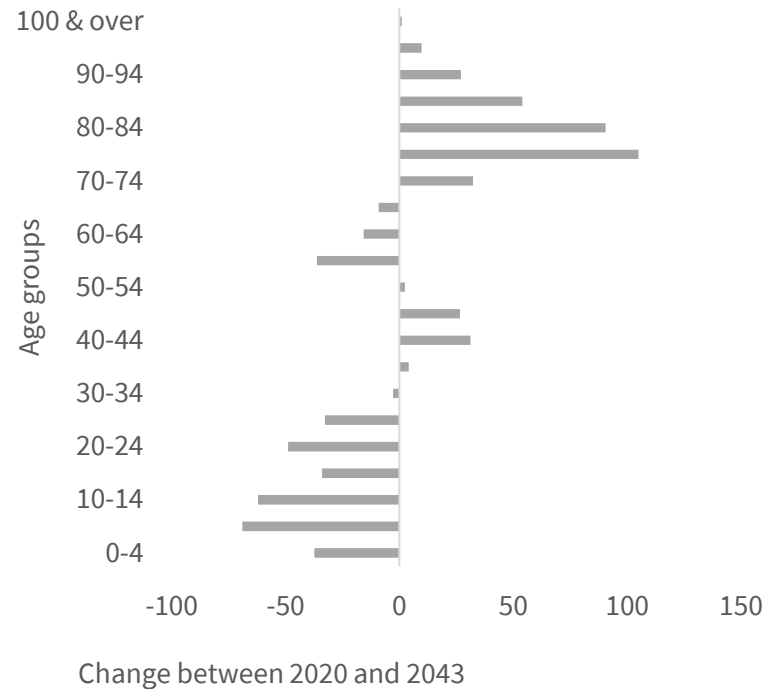
Huge challenges for health & care

Scotland's health has not improved since 2017



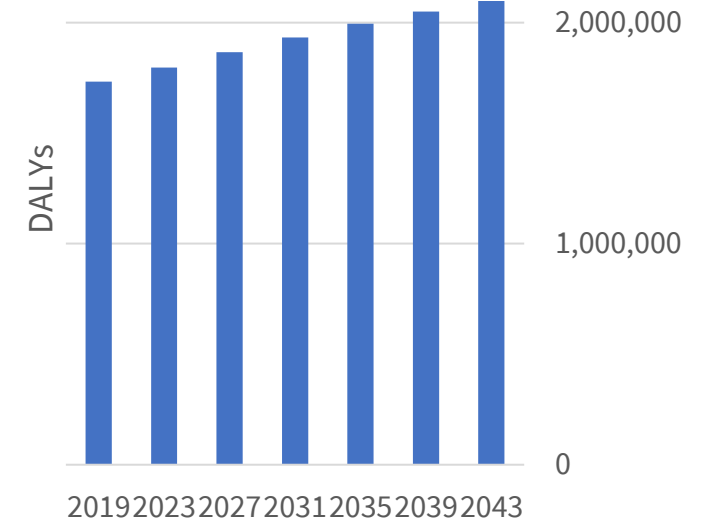
SOURCE: NATIONAL RECORDS OF SCOTLAND

Our population is getting older



SOURCE: OFFICE FOR NATIONAL STATISTICS

Scotland's health burden is increasing



SOURCE: PUBLIC HEALTH SCOTLAND

Greater focus on population health needed

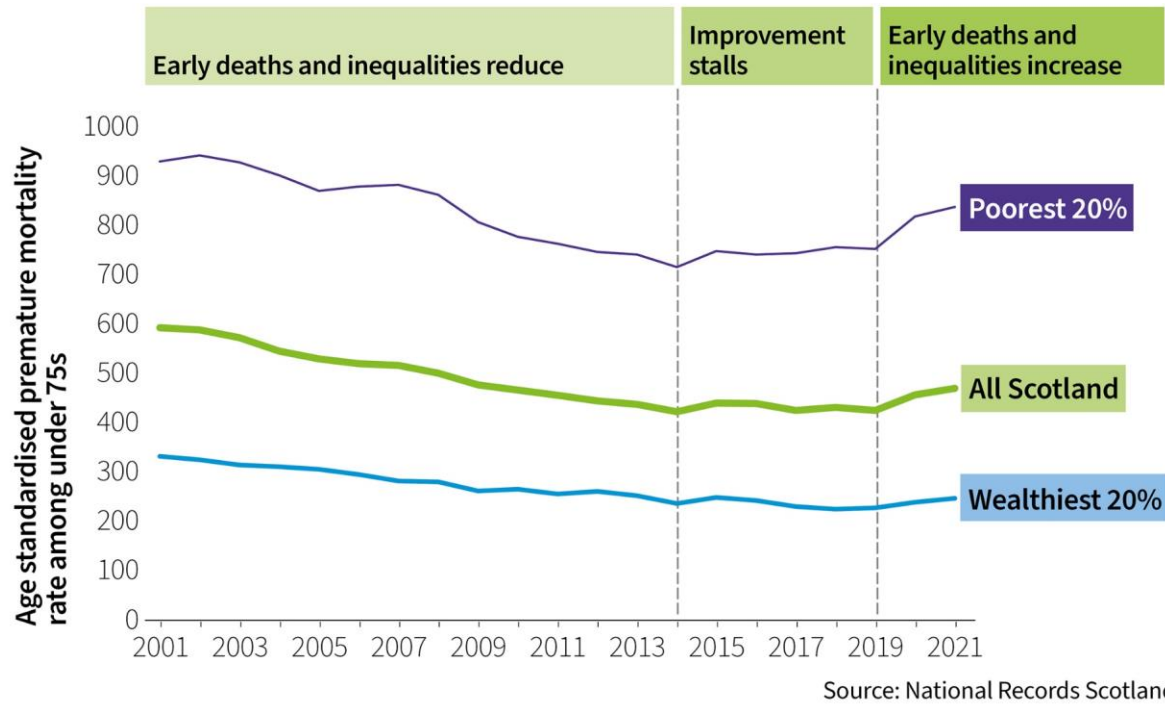
Improvements in population health have stalled and Scotland's health is worsening.

People are dying younger.

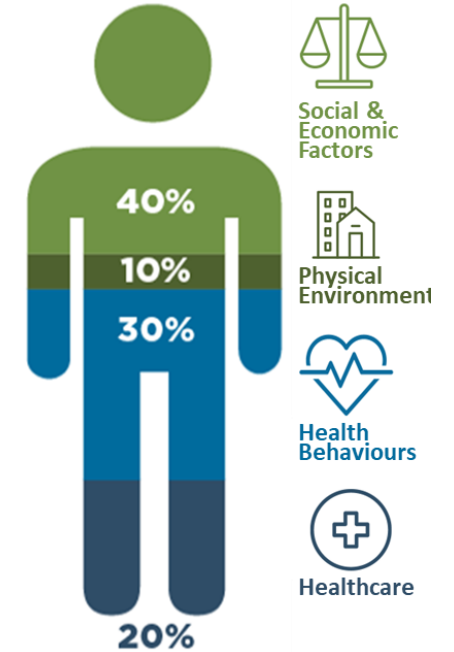
The number of people dying early is increasing.

People are spending more of their life in ill health.

The gap in life expectancy between the poorest and the wealthiest is growing.



Four Pillars of Health



Burden of disease is forecast to increase by 21% over next 20 years

Two thirds of this increase will be due to increases in:



Cancers



Cardiovascular disease



Neurological conditions

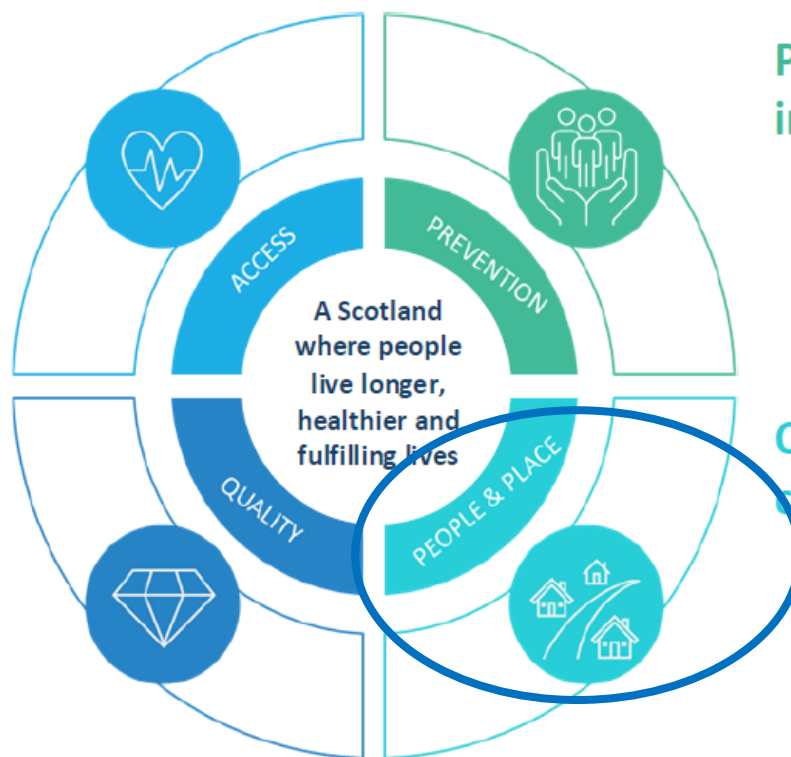
Health & Social Care Vision – Care & Wellbeing Portfolio

Health & care is accessible, seamless and respects individual needs

- GIRFE
- Primary and Community Care Reform (inc. MDTs, National Glaucoma Service)
- NHS inform

Health & care is high quality, effective and value for money

- National Clinical Framework
- Digital Reforms (Inc digital front door, integrated care record, digital prescribing & digital dermatology)



Prevention, self-care and early intervention improve health & wellbeing

- CVD, waiting well and digital PPC
- Primary Care - Whole family support and Inclusion health through GP
- Diabetes closed loop

Our living and working conditions create good health

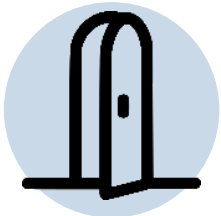
- Population Health Framework
- Care and Wellbeing Dashboard
- Anchor Institutions – land and assets, procurement, fair work
- Enabling Local Change – enhancing CPP contribution
- Digital Inclusion

Place and Wellbeing Programme Aims



Enabling Local Change

Enhance support for local partners by improving access to local evidence, providing additional specialist public health resource and ensuring health is engaging proactively and consistently in Community Planning Partnerships (CPPs) across Scotland



Anchor Institutions

Enable health and social care bodies to operate as effective anchor institutions



Community-led Health and Wellbeing

Empower the community and voluntary sector to act locally to complement the actions of the public sector in reducing health inequalities.

Communities Workstream Objectives



Aim: Empower the community and voluntary sector to act locally to complement the actions of the public sector in reducing health inequalities.

- Recognise and promote the contribution of the sector
- Increase influence of the sector
- Increase capacity of the sector (via funding arrangements)
- Increase access to resources (other than funding)

Communities Workstream Recent Progress

Summer 2024: Scottish Government analysts have drafted an evidence review, highlighting the role and value of community organisations in reducing health inequalities.

September 2024: Following initial engagement through TSIs, a workshop was facilitated by CHEX, and attended by a range of community organisations, with a view to producing a set of recommendations around increasing the influence and capacity of community organisations.

Throughout 2024: A series of workshops are being held with Scottish Government grant managers, looking at improving the grant management process for funded organisations.

Communities Workstream Next Steps

- Further engagement to refine and finalise the recommendations around increasing the influence and capability of the sector.
- Finalise the evidence review, and use it to produce an internal communications strategy to promote the role of the sector within Scottish Government
- Work with the Scottish Government Third Sector Unit on improvements to the grant management process, aiming to reduce the burden on funded organisations.



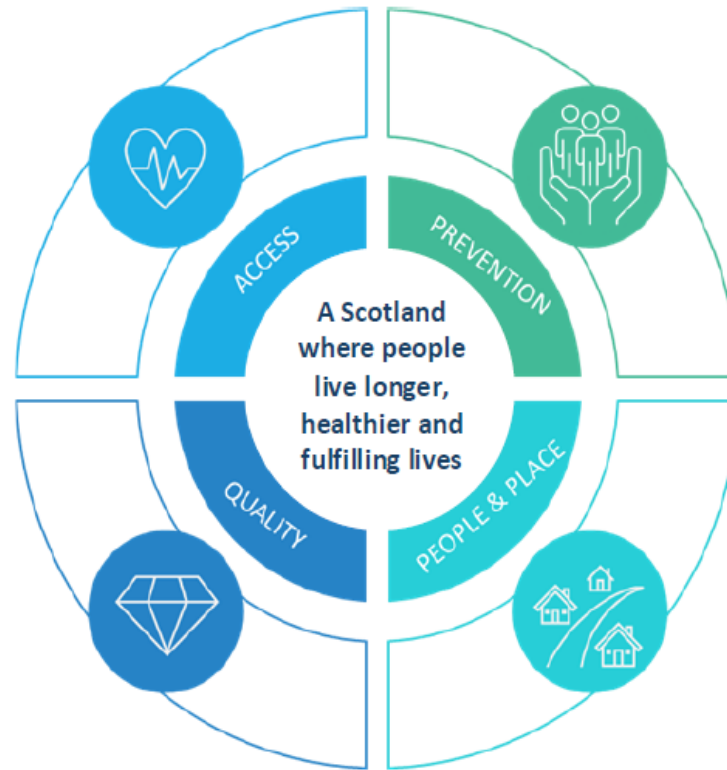
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Population Health Framework for Scotland 2024 - 2034

Purpose

To accelerate the improvement and recovery of population health in Scotland through a coherent long-term framework of whole system, primary preventative action.

Audience

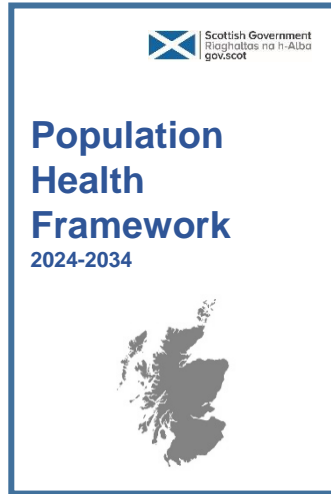
Whole system that has a role to play in creating and maintaining good health.



What would add value?

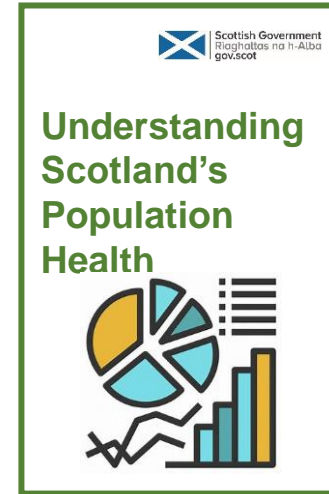
- ✓ Coherent narrative on the drivers of health inequalities and the need for upstream, primary prevention.
 - ✓ Evidence on future threats and preventative actions that lead to measurable improvement in population health.
 - ✓ A Framework, that:
 - ✓ Sets out our national aims, priorities & approach
 - ✓ Builds on recent strategic plans, identifies gaps and where there is added value in collective action
 - ✓ Has flexibility to frame future action in response to new challenges
 - ✓ New actions, approaches or programmes for improvement that will deliver change – focussed on agreed priority areas.
- ✗ Repeating all evidence on issues for population health & inequalities.
 - ✗ Extensive list of actions for all aspects of population health (main focus of framework is primary prevention)
 - ✗ A Theoretical Strategy with no new actions

Current thinking on products...



Framework – clear, simple, impactful - setting out:

- Vision, Aims (targets?)
- Summary of context
- Key outcomes & actions
- How we will implement



An **Evidence Narrative** on population health in Scotland, to be published alongside the Framework



Whole System Approach - 2 pagers

- System summaries setting out that part of the system's role in population health, how it can work in partnership to drive change & key actions from the framework
- SG, Local Government, NHS, CPPs, Businesses, Community & Voluntary Organisations

Approach to Developing the Framework

A PREVENTION FOCUSSED SYSTEM

Whole System Approach

Resources & Governance

Evidence & Sharing Knowledge

Improve the social and economic factors that create health and reduce inequalities.

Create a health and care system that delivers equity, prevention and early intervention.

Social & Economic Factors

Places & Communities

Equitable Health & Care

Healthy Living

Increased Healthy Life Expectancy & Reduced Health Inequalities

Create healthy and sustainable places and communities.

Promote health and wellbeing and reduce health harming activities.

The Role of Community & Voluntary Organisations in Population Health

A PREVENTION FOCUSSED SYSTEM

Leaders

Advocates

Local and national partners

Supporting families and individuals to participate in education, training and employment and access income

Social & Economic Factors

Places & Communities

Strengthening communities, so they can improve their own health and shape the services they receive

Increased Healthy Life Expectancy & Reduced Health Inequalities

Enabling access to services and shaping service design. Advocating for, representing and amplifying the voice of service users.

Equitable Health & Care

Healthy Living

Delivering and coordinating care services and providing non-clinical activities and support for physical and mental wellbeing

Developing the Population Health Framework

Increased Healthy Life Expectancy & Reduced Health Inequalities

We will prioritise creating & maintaining good health and preventing ill health

We will focus support on the people and communities who need it the most

We will change systems and environments to support individuals to stay healthy

We will deliver through a **whole system approach** - nationally and locally

National Improvement Programmes

Social & Economic Factors

Places & Communities

Healthy Living

Equitable Health & Care

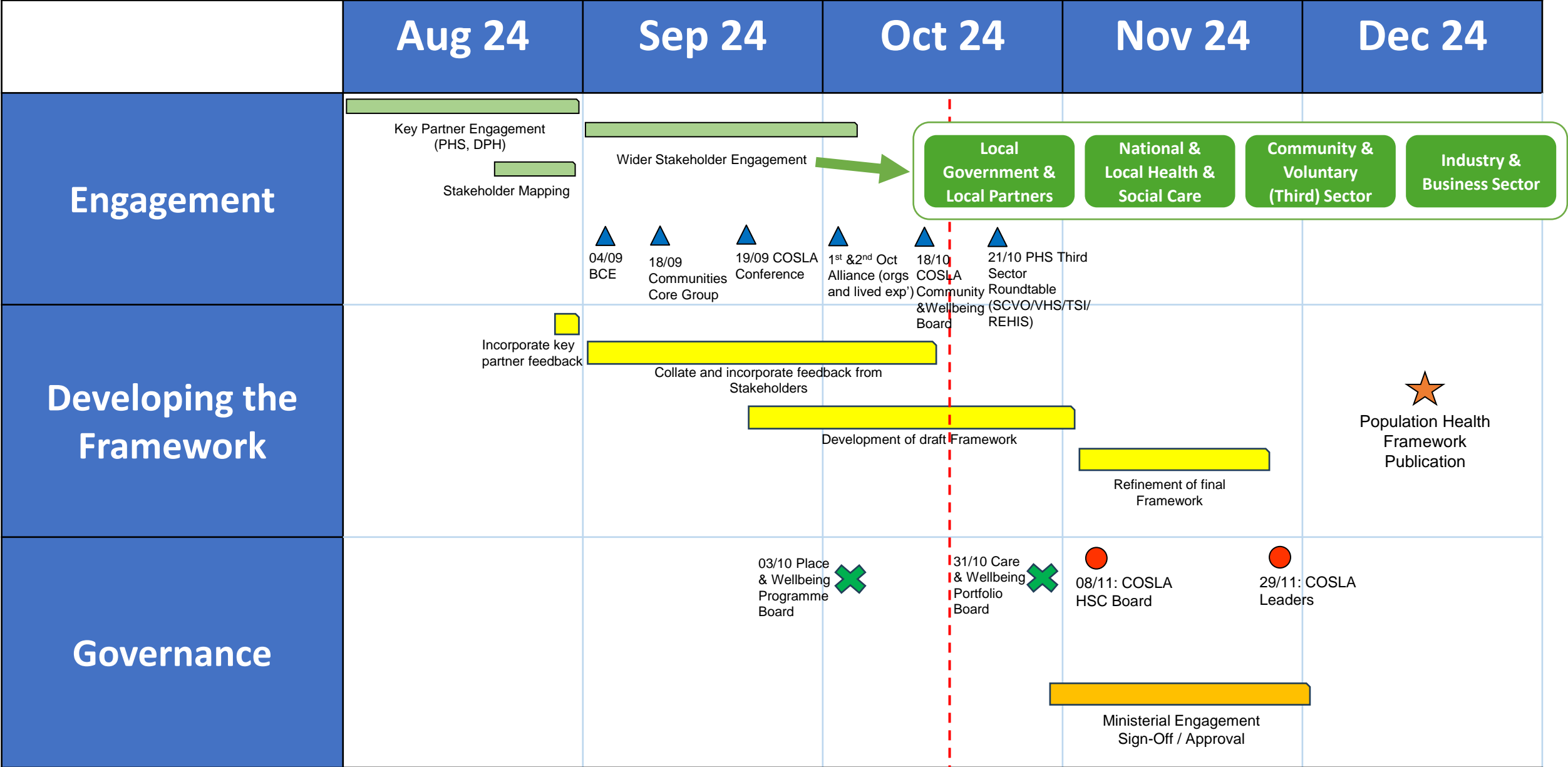
Prevention Focussed System

Drivers

Population Health Drivers and Topics

Social & Economic	Place & Communities	Healthy Living	Equitable Health & Care	Prevention Focussed System
Children and Young People	Building Healthy Environments	Enabling Healthier Lives	Population Level Prevention and Early Detection	Whole System Approach
Working Age Population	Local Partnership Working	Reduce attractiveness, availability and affordability of health harming products	Healthcare Inequalities	Reorienting System to Prevention
Wellbeing Economy and Health	Health Creating Communities	Addressing the harm caused by drugs and alcohol	Innovation	Evidence, Data and Monitoring Change

Place and Wellbeing (PaW) Programme: Population Health Framework Milestone Chart



Updated: 18/10/2024

Key for Table Boxes = Content Production ▲ Triangle = Key Engagements ● Circles = Critical Dates ✕ X = Governance

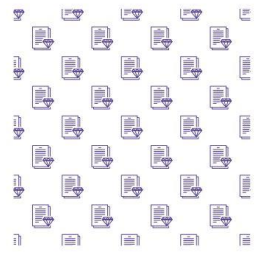
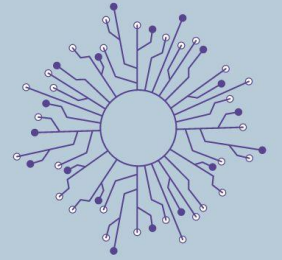


Reduce health and wellbeing inequalities by building a connective infrastructure, focusing on data and strengthening relationships.

COLLABORATION FOR CHANGE

SCOTTISH PREVENTION HUB

A co-located, co-directed partnership between the Edinburgh Futures Institute, Police Scotland and Public Health Scotland, an innovative ecosystem prioritising a whole system, public health approach focused on primary prevention.



DATA, EVIDENCE AND INSIGHT

Build a data collaboration to improve data sharing and linkage. Listen, engage and include those involved in key prevention challenges. Utilise data and evidence. Explore, challenge and invite insight and knowledge from across the system.

CAPACITY AND CAPABILITY

Support the building of capacity and capability for complex collaborative work. Convene conversations about 'how' to work more effectively across boundaries, disciplines, and organisations, emphasis on data, learning and engagement around Hub activity.



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Edinburgh Futures Institute



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+
Our
Future
Health



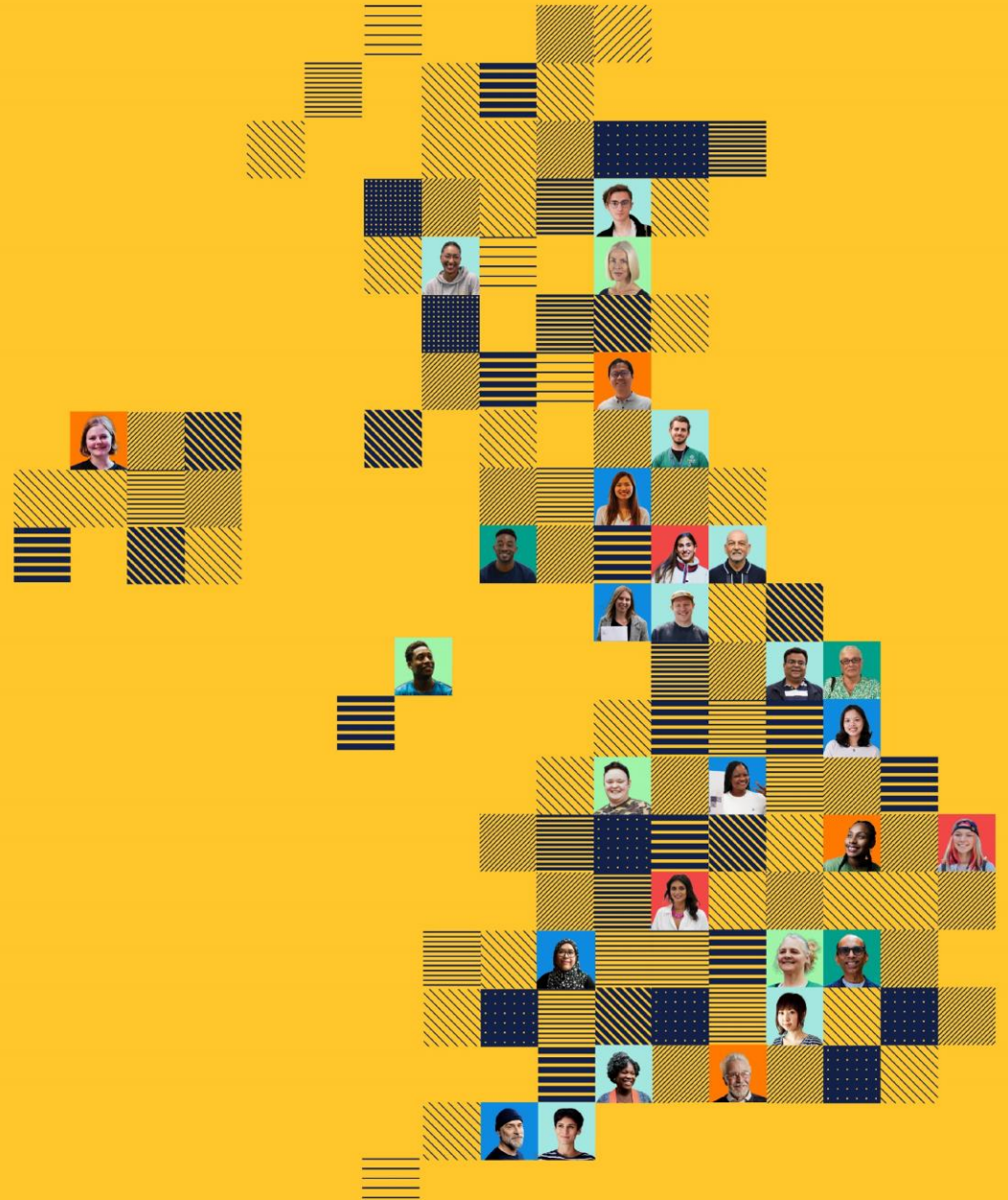
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Scottish Government
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Thank You

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