

The Health Creators summit:

Together we can create a Scotland where everybody thrives

Angiolina Foster CBE, Chair of Public Health Scotland

Our vision | We want to see
A Scotland where everybody thrives

Our mission | We lead and support work in Scotland to:

- **Prevent disease** through vaccination and preventing the spread of infectious diseases
- **Prolong healthy life** by improving access to and quality of treatment
- **Promote health and wellbeing** by strengthening the building blocks of health



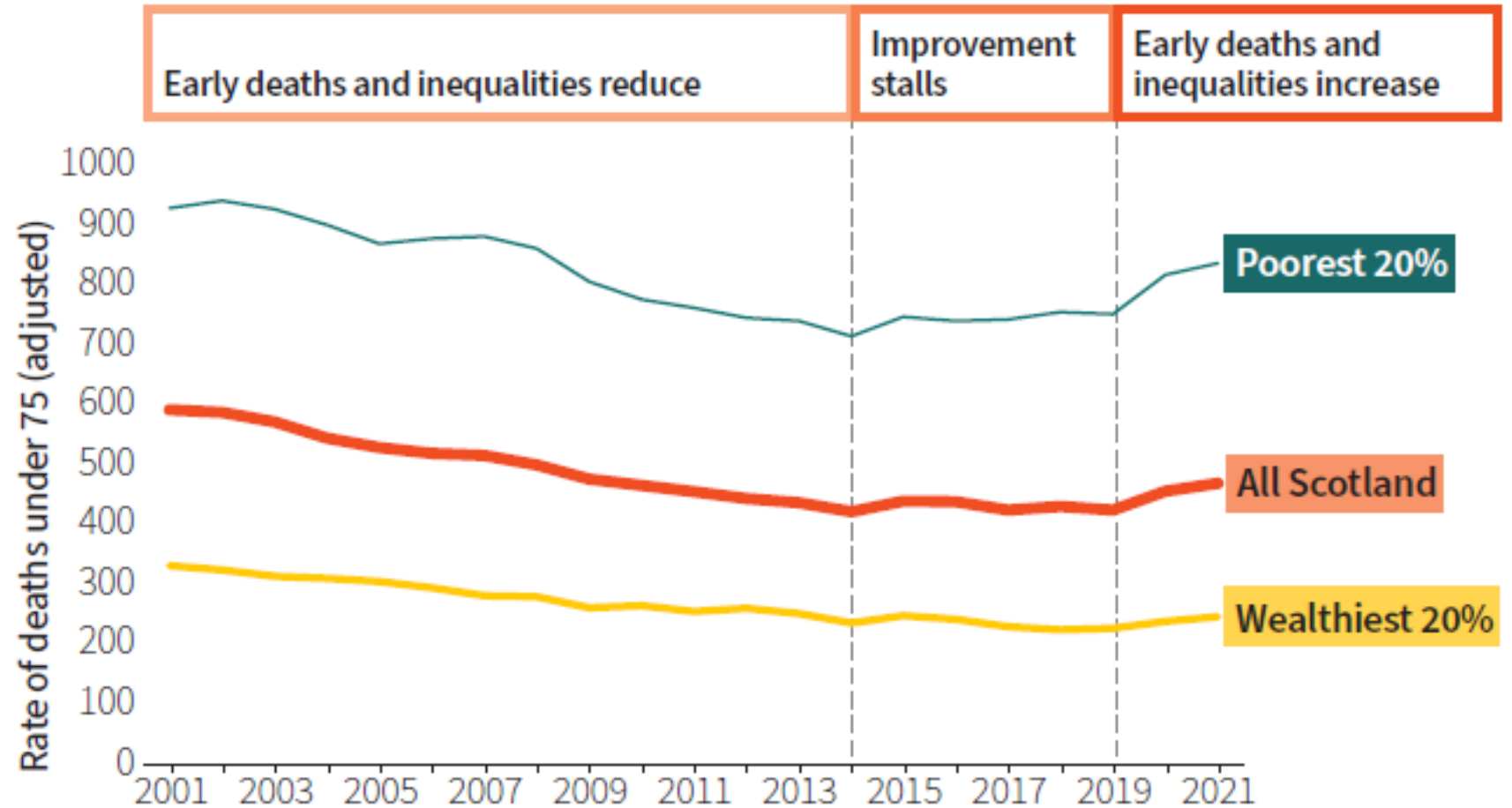
After decades of improvement, Scotland's health is worsening

People are dying younger.

The number of people dying early is increasing.

People are spending more of their life in ill health.

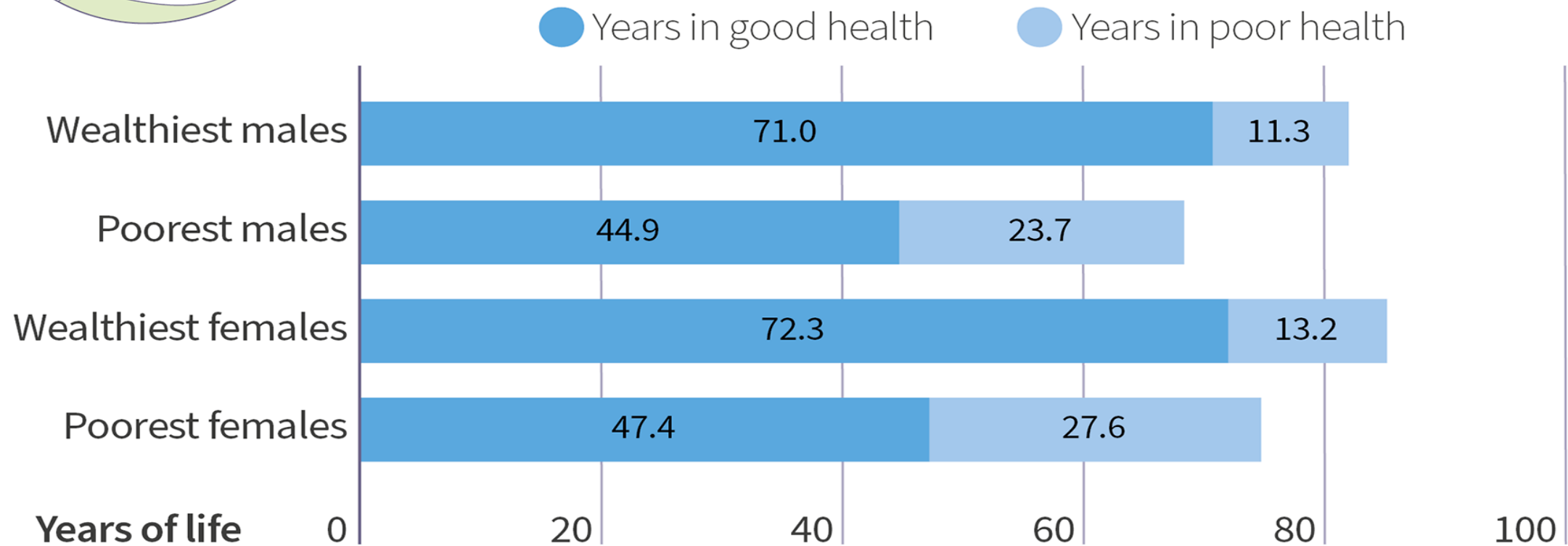
The gap in life expectancy between the poorest and the wealthiest is growing.



Inequalities are widening



People in the poorest areas live more years in poor health and die younger.



The burden of disease is forecast to increase by 21%

Two thirds of this increase will be due to increases in:



Cancers



Cardiovascular
disease



Neurological
conditions

Rank	Absolute change	Percentage change
1	Cardiovascular diseases	Common infectious diseases*
2	Cancers	Cardiovascular diseases
3	Neurological disorders	Neurological disorders
4	Chronic respiratory diseases	Unintentional injuries
5	Diabetes and kidney diseases	Diabetes and kidney diseases
6	Common infectious diseases*	Chronic respiratory diseases

[Scottish Burden of Disease Study 2022](#): Common infectious diseases are defined as: diarrhoea, upper/lower respiratory, and other common, infectious diseases. As these estimates are based on the pre-pandemic epidemiological situation, COVID-19 is not included in this category



Economics of Prevention – The cost of inaction

...failure to bolster financial security holds back Scotland's collective prosperity, adding a significant cost to public services while limiting economic contributions.... estimating just some of the collective impacts on Scotland's prosperity, we find:

- **around £2.3 billion of health boards' budgets is directed at responding to the impacts of poverty, with hundreds of millions more diverted through primary care and addressing health inequalities driven by financial inequality.**
- **around a quarter of a billion pounds may be being spent each year on addressing the consequence of poverty in our schools and working to increase educational attainment – but often coming too late.**



Change is possible, through investment in prevention

Success so far



HPV vaccine: 89% reduction in pre-cervical cancer cells from 2008 to 2014.

Minimum Unit Pricing (MUP): reduced alcohol hospital admissions (4.1%) and deaths (13.4%) from 2018 to 2022.

Childsmile: halved tooth decay amongst children between 2003 and 2020.

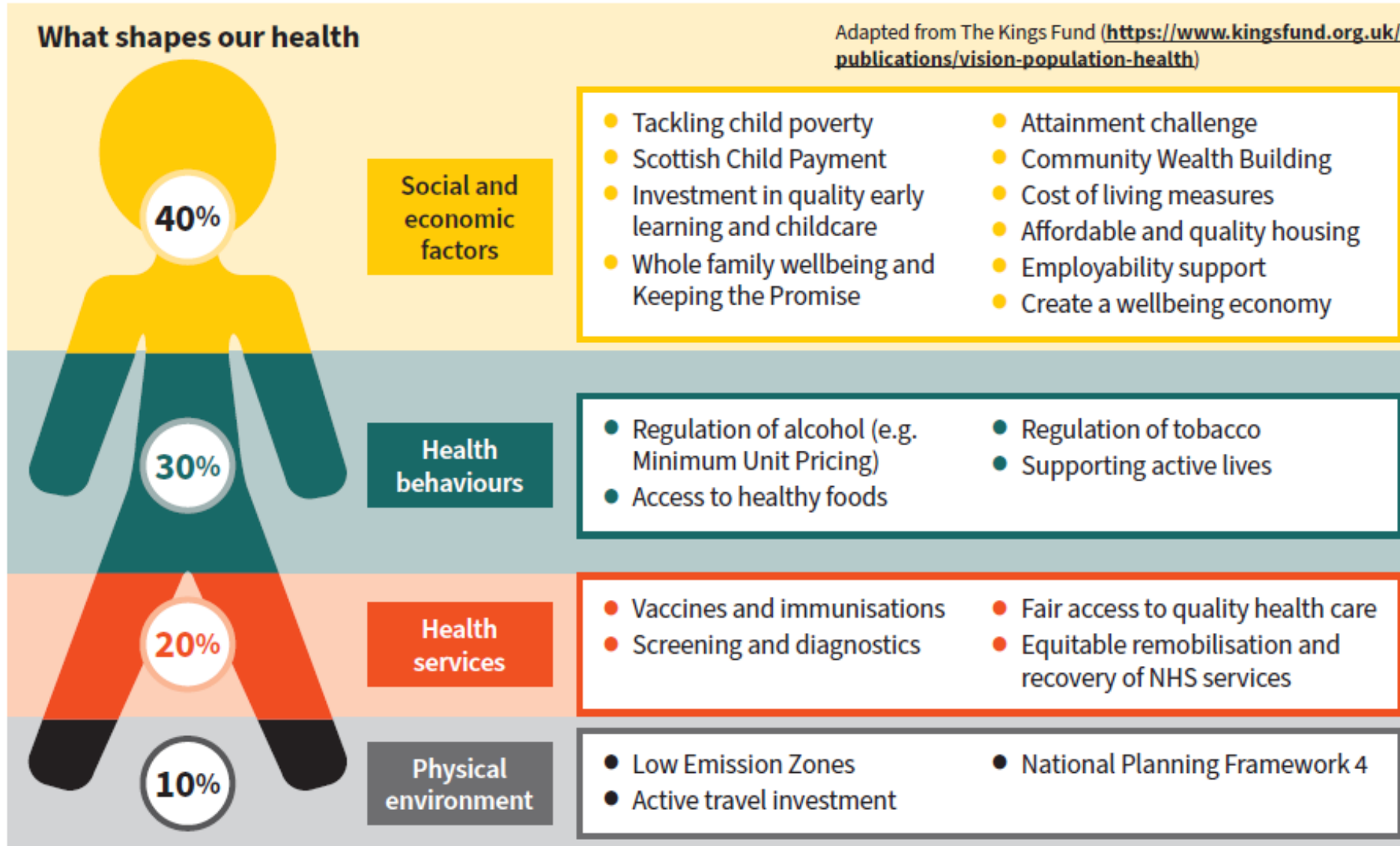
Hepatitis C prevention: will eliminate the virus by 2024.

COVID-19 Vaccines: More than 27,656 deaths were directly prevented in Scotland by COVID-19 vaccines

Smoking ban: reduced admission for child asthma (18%) and heart attacks (17%).



Protect investment in the building blocks of health



PHS will contribute to a whole system endeavour

Strengthening the building blocks of health

- Supporting delivery of the Child Poverty Delivery Plan, Best Start, Bright Futures.
- Supporting NHSScotland to embed the Anchor Institution approach.
- Working with teachers to adopt a public health approach to learning.

Drive whole system working locally and nationally

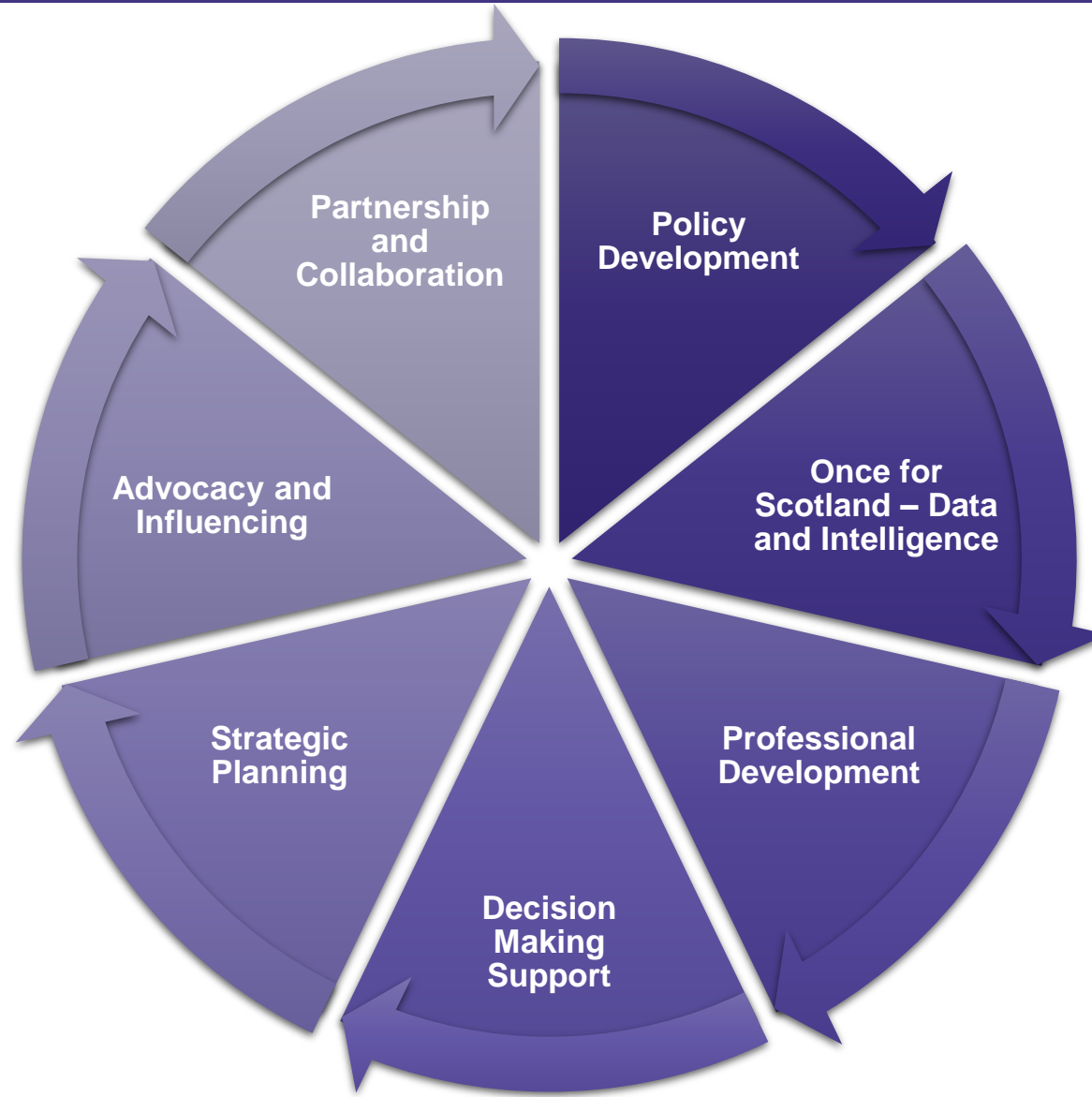
- Increasing the support we provide to Community Planning Partnerships.
- Working in partnership with Police Scotland and justice system to improve community health and wellbeing.
- The Care and Wellbeing Dashboard will support collaborative action on health.

Providing public health data and evidence for action

- Providing data and intelligence to address immediate pressures and recovery of health services.
- Modelling current and future demands on health and care supports planning and redesign.
- Evidence supports decision making.
- Policy evaluations, such as MUP, identify what works.



Public Health Scotland - Working with the Health Creators



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Public Health
Scotland

