

A SPOTLIGHT ON INEQUALITY: THE 2021 ACTIVE HEALTHY KIDS SCOTLAND REPORT CARD

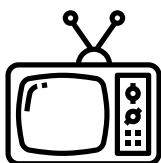
*PRE-PANDEMIC

Indicator	Grade
Screen time *	F <20% meet guidelines
Overall Physical Activity	INC
Organised Sport & Physical Activity	B- 60-66% participation
Active Play	INC
Active Transportation	C- 40-46% engagement
Physical Fitness	INC
Diet	INC
Obesity	INC
Family and Peers	D- 20-26% involvement
Community and Environment	B- 60-66% have access to safe local outdoor space
Government	C (Physical activity) C+ (Diet)

INC: inconclusive, insufficient evidence to grade;
*Screen time is referred to as 'Sedentary Behaviours' in other Report Card documents.

Further information on the methodology, grading, data sources and inequalities can be found in the Active Healthy Kids Scotland Report Card (long form) available at <https://www.activehealthykidsscotland.co.uk/>.

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Exceeding 2hr/day of TV time:

More deprived	Less deprived
74%	60%

74%

60%



Exceeding 2hr/day of gaming:

61%

49%



Not engaging in sport:

53%

18%



With obesity in Primary 1:

14%

6%



Adults volunteered in sport:

16%

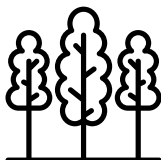
33%



Meeting physical activity guidelines:

13%

19%



Have safe outdoor spaces:

50%

72%

Inequalities also exist between more and less deprived children in: Computer time, Outdoor excursions, Diet and Access to safe outdoor spaces. More information is needed about inequalities in Active Play and Fitness.