

## **VHS Members Meet up 25 January 2022**

### **Zoom Chat**

Lauren Blair - Voluntary Health Scotland: Welcome to the meeting!

Margaret Lance, Waverley Care: Good Morning to you all

Katherine Byrne CHSS: Hello everyone, apologies as I have another meeting at 11.30 so won't be able to stay for the full session this morning.

Kimberley Somerside - Voluntary Health Scotland: Hi everyone! Great to see you all

Louise White, Scottish Gov, Lovely to meet the team :)

Justina Murray, SFAD: Delighted to hear re your secondment Roisin - a network of community link workers is definitely needed, a great development!

Roisin Hurst, VHS: Thanks Justina!

Sarah Murray, RVS: Hi everyone, sorry my camera is not working 😞

Lauren Blair - Voluntary Health Scotland: More about Roisin's work on the CLW network here: <https://vhscotland.org.uk/what-we-do/the-scottish-community-link-worker-network/>

Kimberley Somerside - Voluntary Health Scotland: "What on earth will it all be like?" - the big question!

Angela Bennett, Advice resolutions: What are the practical interventions that Chest Heart and Stroke do by describing particular case examples, anonymously of course

Sophie Bridger - Eden Project Communities: apologies, I also have to nip off for another meeting. This has been really interesting to join, so hope to join for longer next time!

Katherine Byrne CHSS: Thanks for your question Angela. The Hospital to Home service model focuses on individual goals so the practical interventions vary. Examples include supported communication practice for people with aphasia after a stroke, helping people continue with their physical rehab, one-to-one or group physical activity sessions

David Main (Voluntary Health Scotland): well done to all three speakers

Sarah Murray – RVS: Thank you to all three speakers, it has been really thought provoking and informative

Mark Hazelwood - palliative care: thanks for highlighting the report Maureen. Here is a link to the report, a short summary and short film.  
<https://www.palliativecarescotland.org.uk/content/everystorysending/>

Lauren Blair - Voluntary Health Scotland: Blog on volunteering  
<https://vhscotland.org.uk/celebrate-the-covid-heroes-but-what-about-the-other-volunteers/>

Angela Bennett, Advice resolutions: We are a practical support practitioner service /administrative casework service covering the UK on line and in person. Predominantly seeking to support 'people of colour' and to maximise/optimize healthcare and social care for access to these services, helping to unravel the complexities of these services that people with poor mental health struggle to understand, the right of assessments, and understanding how quality of care is being perceived by this client group. There needs to be more evidence of how to set about measuring by benchmarking the service provision to this client group and

their assessment understanding of this, and building a support service around them to ensure their voices are heard. Interpretations of language due to misunderstanding of culture can all too easily be misinterpreted in translation & transacting with this client group, often the case leading to poorer outcomes of health and social care time and time again. The journals continually say people of colour poor health outcomes

Sarah Murray - RVS: RVS work alongside NHS Boards across the country and are finding it really difficult to meet the requirements that NHS are setting for volunteering in hospitals, mostly around the requirement for occupational health assessments. This is becoming a barrier to volunteering as volunteers do not want to go through it for a role that is not patient facing

Alex Stobart, Mydex: @Sarah is an occupational health assessment something that was required before the pandemic, or is it a new challenge for you?

Sarah Murray - RVS: Being honest, I'm not sure, but we have worked with NHS boards for many, many years and this has only just become an issue, especially when volunteers are required to attend a particular hospital to have a face to face assessment done because there are health issues on their questionnaires

Lauren Blair - Voluntary Health Scotland: <https://bemis.org.uk/emnrn/>

Mark Hazelwood - palliative care: Here is a link to the community-led course I mentioned - End of Life Aid Skills for Everyone  
[https://www.goodlifedeathgrief.org.uk/content/toolkit\\_ease\\_courses/](https://www.goodlifedeathgrief.org.uk/content/toolkit_ease_courses/)

Alex Stobart , Mydex: The Peoplehood Project led by Blackwood with healthy ageing, volunteering, care etc across 3 communities -  
<https://www.blackwoodgroup.org.uk/peoplehood>

Justina Murray, Scottish Families Affected by Alcohol and Drugs: Here is the link to our lockdown report <https://www.sfad.org.uk/our-new-report-lockdown-and-beyond>

Webchat is hugely popular and very confidential, e.g. you can be sitting on the sofa getting support, and someone at the other end of the sofa would be none the wiser.

Lauren Blair - Voluntary Health Scotland: Claire's email is [Claire.stevens@vhscotland.org.uk](mailto:Claire.stevens@vhscotland.org.uk)

Mark Hazelwood - palliative care: We recently surveyed stakeholders around this (because we had a decision about a face to face venue we had booked in March). 60/40 preference for face to face vs online. Quite few seeking hybrid. We moved our f2f event back to end of May 75% said they'd be more likely to attend then than March.

Claire Stevens, VHS: Thank you, Mark, that is helpful to know.

Margaret Lance Waverley Care: [www.waverleycare.org](http://www.waverleycare.org) Free HIV SELF-TEST Online

Maureen O'Neill, Faith in Older People: As a very small organisation of 2 which has benefited enormously from on-line education/conferences etc. So its the access/cost/support for hybrid which concern us. Is there the ability to share info about venues/technical support?

Louise White, Scottish Gov: I am still late for meetings ..... regardless of being on-line!

Justina Murray, Scottish Families Affected by Alcohol and Drugs: Ha! Me too Louise! Although I also think people are having more meetings than they really need, just as it is

easier to organise. e.g. There are more larger meetings, rather than just thinking who REALLY needs to be there?

Kimberley Somerside - Voluntary Health Scotland: Please do reach out on any areas of policy raised: [Kimberley.somerside@vhscotland.org.uk](mailto:Kimberley.somerside@vhscotland.org.uk)

Christine Carlin, Home start: Echo all of that Elizabeth - as someone shielding a disabled mum

Laura Jones, RNIB: Our concerns, from RNIB Scotland, is that the National Care Service consultation paper didn't specifically differentiate how the national and local relationship will work in practice, and what it will cover. For example, vision rehabilitation is a service led by local authorities, however it is linked to health care. We'll be watching the outcomes closely!

Mark Hazelwood - palliative care: Thanks for organising VHS Team! It has been stimulating / reassuring to hear the experiences and approaches of other people/orgs. And just to be exposed to the breadth of great work which people are doing. 🙌 🙌

Joanne Carey CHSS: Thanks everyone. As a new member of staff with CHSS its been a very interesting meeting and great to see what is going on in Scotland within the voluntary sector

Lauren Blair - Voluntary Health Scotland: Our events coming up  
<https://vhscotland.org.uk/events/>

Alex Stobart, Mydex: SURF has been doing a lot on 20 Minute Neighbourhoods that might be relevant to Planning

Lauren Blair - Voluntary Health Scotland: Thank you everyone for joining us.



18 York Place, Edinburgh, EH1 3EP  
0131 474 6189 mail@vhscotland.org.uk www.vhscotland.org.uk @VHSComms

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