

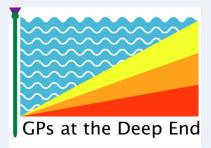
# Covid-19, homelessness & implications for end of life care

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#### Introduction

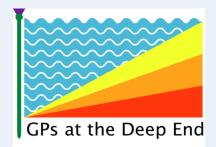


#### Overview



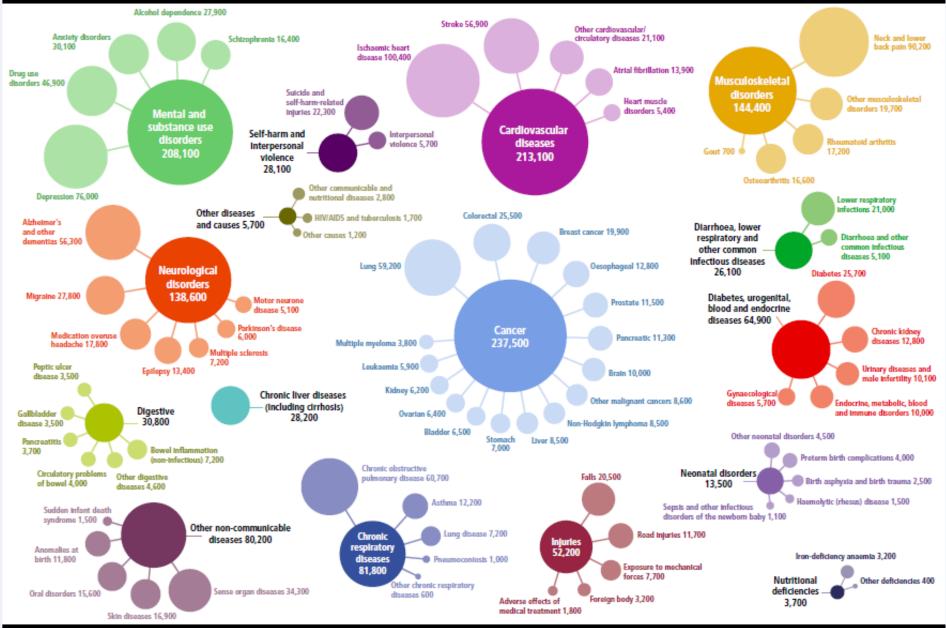
- GPs at the Deep End- background
- General practice in the time of Covid
- People experiencing homelessness
- Implications for end of life care

### Background



- 100 most socio-economically deprived practices in Scotland
- Blanket deprivation
- 76 practices in Glasgow
- Complex co-morbidity and premature mortality

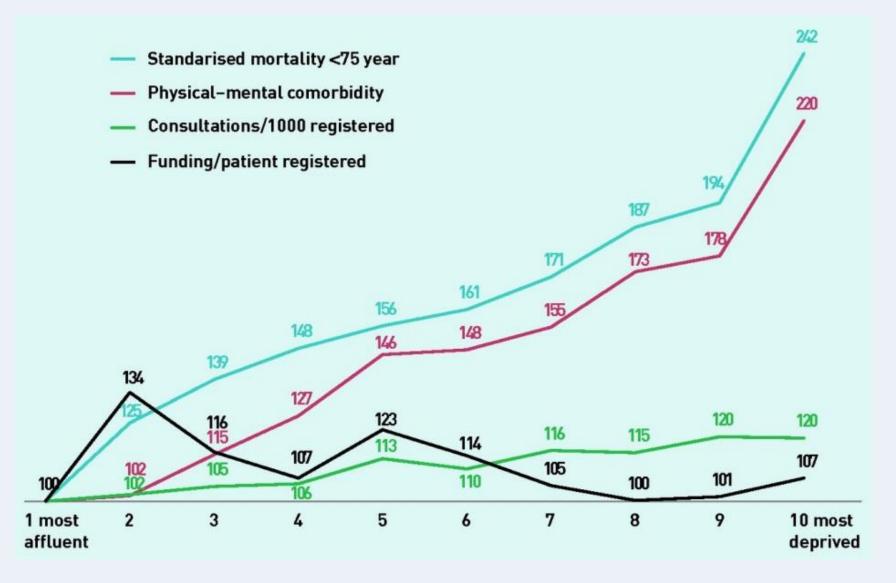
#### Burden of disease in Scotland, 2015



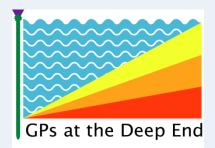
Note: Disability-adjusted life years rounded to the nearest 100. • Scottish burden of disease study • www.scotpho.org.uk/comparative-health/burden-of-disease/overview

#### Scottish GP resource v outcomes

(figure 1 McLean et al BJGP e 799, Dec 2015)

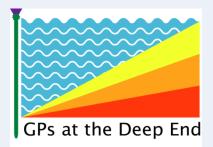


# Impact of Covid-19



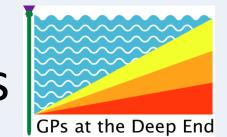
- New(ish)
  - Adaptation to remote working: triage, video, phone, AND complex face to face consults
  - Temp increase in proactive contacts (esp Link Workers)
  - Worries about LTCs backlog

# Impact of Covid-19



- Heightened
  - Impact of the **social determinants-** poverty, housing, employment insecurity (GCPH 2020)
  - concerns about 'whose missing' from care (McQueenie et al BMC Medicine 2019)
  - Role of **low health & digital literacy**, digital poverty
  - Mismatch between resources and need- GP teams inc link workers, financial advice
  - Fragmentation of services (esp mental health)

(Deep End Report 36)



## Understanding homelessness

- Structural factors
  - Conflict
  - Natural disasters
  - Housing provision
  - Welfare provision

Or the social determinants of health...

- Deep social exclusion
  - tip of the iceberg- multiple exclusion homelessness
  - Evidence from mapping severe and multiple disadvantage
  - Role of ACEs

### Severe and Multiple Disadvantage



#### ROUTES IN - DRIVEN BY POVERTY, VIOLENCE & TRAUMA ~

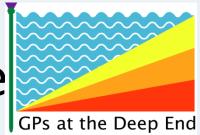
The study evidences 'routes in' to SMD that are consistent with previous research, including the original Hard Edges study in England (Bramley et al, 2015), and also with earlier research on Multiple Exclusion Homelessness (MEH) (Fitzpatrick et al, 2013).

### Hard Edges Scotland 2019

#### CRISIS-FOCUSED SYSTEMS THAT CAN'T COPE WITH THE EFFECTS OF TRAUMA

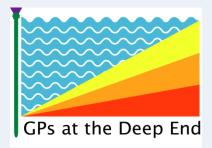
#### A PAUCITY OF PERSONALISED, PROACTIVE, 'STICKY' SERVICES

# Implications for end of life care



- Work with the care givers around a person (only sometimes family)
- Ensure permeable care
- Ensure 'sticky' care
- Trauma Informed Practice as CORE
- Be sensitive to felt stigma

### Thank you



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Deep End webpages:

http://www.gla.ac.uk/researchinstitutes/health wellbeing/research/generalpractice/deepend/

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