



**Using the Power of Football  
to Change Lives**



# Big Hearts Community Trust



## We are...

- Scottish registered charity,
- Staff team of 9 plus 100's of volunteers
- Based at Tynecastle Park.

## We aim to...

improve the lives of **adults & children** who are the most vulnerable.



## We work...

with the Club using the **power of football** to support those who need help.





## Local challenges

**POVERTY**

**CHILDREN IN CARE**

**LONELINESS**

**DEMENTIA**

**RESETTLEMENT**

**HOLIDAY HUNGER**

**ADDICTIONS**

**MENTAL HEALTH ISSUES**



# More Than Football







# Men's Health at Tynecastle

**The Changing  
Room**

**Walking  
Football**

**Male Carers  
Group**

**Football Fans  
in Training**





# Big Hearts Supporters



**VOLUNTEERING**

**RAISING FUNDS**

**SHARING OUR WORK**





# #BigHearts



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