

Cross Party Group on Health Inequalities

Evaluation Comments from 21st January 2020

This CPG meeting focused on the topic of men's health inequalities. At the end of the meeting the 45 attendees were asked to complete a short feedback survey (2 questions). The short paper compiles all the responses. Not all attendees completed the survey, but enough did to give a useful insight into their 'take aways' from the meeting.

1. What message or learning will you take away from this meeting?

"One in 4 men die before 65. How can we work to change this?"

"Mental health, physical actives in everyday life- engaging with health issues in both genders and every health sector."

"There is a required focus on men's health. Partnerships/action plan is needed ahead of the 'strategy' and NHS as a key partners for future and change (GPS)"

"We can do more to join our efforts and expertise to address men's health inequalities"

"Very interesting presentations"

"There are places to go get help- you don't have to be alone"

"we need Scottish Government to drive a strategy learning from Ireland and Australia – sooner rather than later to see 5 out of 5 men reaching 65"

"that men's health has inequalities that go beyond suicide or 'male cancers'- including worse outcomes in diabetes etc. this is a much more nuances view than I previously had"

"To educate men around me to take control of their health. The statistics learned around men's health are surprising"

"Men's health needs a multiagency focus and strategy- possibly a national health policy for men and women separately- Scotland taking the lead in Europe"

"The role of football clubs in reaching men beyond health improvement"

"Opportunities to connect with a wider range of national and local organisations- I have a better understanding of the range of work that's being done across Scotland. Interesting to hear about the proposed strategy on men's health- need more thought on how this fits in with current strategies"

“Although many great things happening in men’s health- much more needs done. Encouraging to hear all the stories and ideas”

“How do we bridge the gap between certain education interventions and people actually using the intervention but not learning?”

“Some types of places or settings are especially helpful to promote men’ health (football clubs etc.)- are there others? Are we doing enough to create the spaces?”

“Some really useful stats which we will be able to use for a number of purposes”

2. Are you going to do anything new or different as a result of the meeting?

“The importance of intersectionality when approaching men’s health and inequality”

“Reflect on how access to our service works for men of working age. Push forward benefits and success models such as walking football and changing rooms”

“Show more importance to works and relationships and health benefits in communities”

“Support a men’s health strategy”

“Lots of meetings!”

“Offer to get involved with efforts to take forward discussion and action plan. “Seek out local opportunities in Glasgow. How can we engage better with those we don’t usually reach?”

“I will feedback to my organisation the messages regarding men’s health”

“In talks with YMCA Scotland to run seminar on boys to men (Hones Start Scotland). Also campaign to get more men volunteering for benefit of families”

“Create awareness of volunteering in different sectors and create awareness campaigns with any volunteering information in future”

“Get in contact with Big Hearts Supporters and other football clubs looking at men’s health and linking to men’s sheds”

“Look at parental collaboration with local GPS and football clubs”

“Keen to make connections with other organisations involved in the meeting to feed in to our own research to be published spring 2020.”

“Look more in to cross party groups and those looking at men and inequalities”

“Focus even more on men’s health”

“Think about targeted interventions for men’s health and wellbeing”