

# Making the right to health 'free from the harms of alcohol and drugs' a reality for families all across Scotland – 'Families are a movement for change'



## What rights?



### Rights, Respect and Recovery

#### Vision

Scotland is a country where "we live long, healthy and active lives regardless of where we come from" and where individuals, families and communities:

- have the right to health and life - free from the harms of alcohol and drugs;
- are treated with dignity and respect;
- are fully supported within communities to find their own type of recovery.

Ensure family members will have access to support in their own right and, where appropriate, will be included in their loved one's treatment and support.

Ensure all families will have access to services (both statutory and third sector) provided through a whole family approach, in line with the values, principles and core components of GIRFEC.

Involve children, parents and other family members in the planning, development and delivery of services at local, regional and national level.

### This means making sure families are:

### Who do we work with?

### What impact do we have?



**In 2018/19:**  
 951 Helpline contacts  
 139 Telehealth referrals  
 126 Bereavement referrals  
 105 new referrals in Forth Valley  
 58 new referrals in East Dunbartonshire  
 1,193 workforce trained  
 96,062 website views  
 402 mailing list subscribers  
 740 Community contacts  
 296 at Connecting Families events  
 99 Family Recovery Initiative Fund enquiries  
 £182,071 raised through fundraising

We've create the right opporutnties for families to tell us what they need and support them to be part of the change they want for everyone.

### Rights, Respect and Recovery

We submitted evidence to the Scottish Government's consultation on the new national alcohol and drug strategy and much to our delight, they significantly changed the final version to include almost everything we had been asking for, but they also adopted our suggested name for the strategy – Rights, Respect and Recovery - and our suggested vision that 'individuals, families and communities should have the right to health and a life free from the harms of drugs and alcohol' are treated with respect by all services; and are fully supported to find their own recovery.

Scottish Families is an amazing organisation to volunteer for and I would recommend to anyone that they should become a volunteer if they can. The experiences you can gain are simply invaluable

This service has been a lifeline for me through a very challenging time in my life. It has helped me to focus and make positive decisions for myself.

**HELPLINE : 08080 101011**

@ScotFamADrugs

@ScottishFamiliesAffectedByDrugs