

STUART MCLELLAN

A DAY IN THE LIFE OF



ABOUT ME

- Reside in Neilston, East Renfrewshire
- Training to gain Private Pilots Licence
- Member of the Institute of Leadership Management
- Work Full Time - Scottish Ambulance Service (Practice Developer – Ambulance Control Centre)
- Volunteer Community First Responder – Scottish Ambulance Service (Neilston & Uplawmoor)
- Cadet Force Adult Volunteer – Royal Air Force Air Cadets (2175 Rolls-Royce Squadron)
- Founder & Chairman – Neilston Players Amateur Dramatics
- Founder - Caplaw Model Flying Group

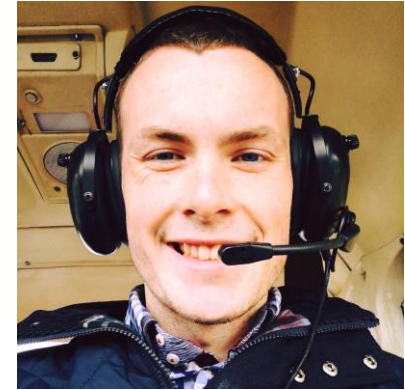
NEILSTON, EAST RENFREWSHIRE



- 3 Miles South of Paisley
- Population of 5,000
- Notable People from Neilston
 - Gregor Fisher 'Rab C Nesbitt' brought up Neilston
 - John Robertson - Built the Steamship for PS Comet in 1811
 - Stevenson Family - Lighthouse Designers and Civil Engineers
 - Robert Louis Stevenson's Family farmed in Neilston – Author most known Treasure Island

PRIVATE PILOT TRAINING

- Learning from Cumbernauld and Glasgow Airport
- Went Solo Fixed Wing
- Flown Helicopters in Leicester
- Lifetime goal to be Commercial Pilot





ILM Level 3



Member Status



Edge Article Spring 2019

“A Day In the Life Of”

INSTITUTE OF LEADERSHIP MANAGEMENT

20

Insider

A DAY IN THE LIFE OF

**Stuart
McLellan**

Serving the community is more than
just a job; it is a 24/7 occupation

I started working for the Scottish Ambulance Service as an emergency call handler six years ago. Today, I am a practice developer for the specialist services desk, which is based within the West Ambulance Control Centre in Glasgow. Specialist services covers the Scottish Air Ambulance Service as well as the ScotSTAR Emergency Medical Retrieval Service, which brings a hospital environment to patients in remote and rural locations. My job involves ensuring that the specialist services desk has the correct personnel, with the correct training, all following the correct policies and procedures, to safeguard the welfare of patients and staff. I care so much about the services we deliver that I sometimes find it hard to switch off.

I live in a village called Neilston, in East Renfrewshire, but my job is based in Glasgow, around 25 minutes' drive away. The nature of my work means that I can be anywhere in Scotland, on any given day, however. It depends on whether I'm attending a meeting, holding a training course, or taking a new member of staff around the country to meet the rest of the team. Sometimes I wake at 7am. On other days, I'll already be on the road, or in the control room, by then.

In addition to supporting the ambulance service staff, I work closely with the Community First Responders. These are trained volunteers who respond to medical emergencies while an ambulance is on its way. In 2014, I co-founded Neilston and Uplawmoor First Responders with Ross Nelson, a paramedic in the Scottish Ambulance Service. Neilston and Uplawmoor First Responders is a team of 25 volunteers who work

shifts to respond to 999 calls that come up in my local area. I am now chairman of the charity. We provide early intervention in emergencies such as asthma attacks, cardiac arrests, choking, heart attacks, seizures and strokes. In June 2018, we were awarded the Queen's Award for Voluntary Service, which is the equivalent of the MBE for voluntary groups.

Although work is my priority, I do a lot in my spare time. I'm a sergeant and instructor with the Royal Air Force Air Cadets in Hillington. In the evenings, I go along to the squadron and deliver education on aviation-related subjects to the cadets, some of whom are from disadvantaged backgrounds.

There isn't much to do in Neilston, so together with Ross, I set up the Neilston Players, an amateur dramatics group. The aim of the group is to boost people's confidence. We had one woman who turned up saying there was no way she would be in a pantomime, but she ended up opening our first show as the Fairy Godmother.

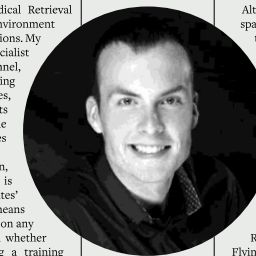
Ross and I also established the Caplaw Model Flying Group, which is a hobby group for retired engineers and pilots. The members build model aircraft in sheds and fly them on a farmer's field.

If I've been out with the cadets, I get home at around 10.30pm. Then I have dinner and chat to my wife about her day. I usually go to bed at midnight and get a few hours' kip before I'm back up again. I'm hardly ever at home. I don't mind, though, because you only get one shot at life. ■

Stuart McLellan is a practice developer for the Scottish Ambulance Service

● If you would like to feature in A Day in the Life, email sally.percy@lidpublishing.com

**I CARE SO
MUCH ABOUT
THE SERVICES
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SCOTTISH AMBULANCE SERVICE

PRACTICE DEVELOPER (CLINICAL SERVICES TRANSFORMATION)

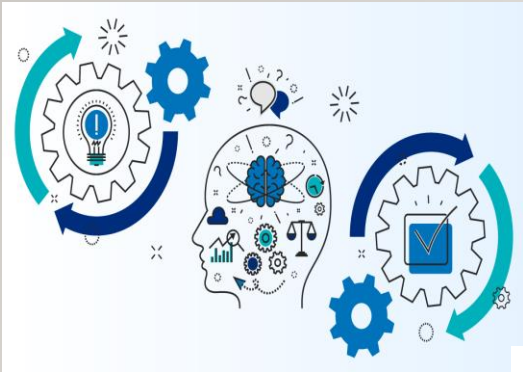


SCOTTISH AMBULANCE SERVICE – CAREER

- Emergency Call Handler
- Accident & Emergency Dispatcher
- GAMA Aviation – Air Service Coordinator (Air Ambulance Contract)
- Practice Developer (Clinical Services Transformation)
- Trainee Ambulance Technician (July 2019) **New Job!**



SCOTTISH AMBULANCE SERVICE CURRENT ROLE



National Post (North, East & West Ambulance Control Centre's)

Alternative Response Desk (East ACC)

Community First
Responders

Sandpiper Wildcat
Responders
(Grampian)

BASICS
Responders

Special Operations
Response Team
(SORT)

Specialist
Paramedics

Advanced
Paramedics

Specialist Services Desk (West ACC)

Air Ambulance
Coordination

In-Utero Coordination
Service

ScotSTAR
Coordination

Trauma Desk (24-7)

Major Trauma
Network
Developments



COMMUNITY FIRST RESPONDER NEILSTON & UPLAWMOOR



NEILSTON & UPLAWMOOR COMMUNITY FIRST RESPONDERS



- Established July 2013
- Operational Since January 2014
- Responded to over 1,300 Emergency Calls
- Base Station (Neilston Development Trust)
- Two 4x4 Vehicles Sponsored by Arnold Clark Car & Van Rental
- 25 Volunteers
- Areas Covered (Neilston, Uplawmoor, Barrhead, Lugton, Stewarton & Dunlop)
- Public Access Defibrillators Project (4 Neilston, 1 Lugton, 1 Uplawmoor, 2 Johnstone & 10 Barrhead)
- Award Winning:
 - Vision 20/20 Scottish Ambulance Service Staff & Volunteer Award Winner 2013
 - Recipients of Queens Award for Voluntary Service June 2018
 - Finalist Volunteer Award Scottish Ambulance Service Staff & Volunteer Awards 2018

RAF AIR CADETS CADET FORCE ADULT VOLUNTEER

- Rank: Sergeant
- Squadron: 2175 (Rolls-Royce) Squadron
- West Scotland Wing
- Scotland & Northern Ireland Region
- Commitment: 2 Evenings Per Week Minimum



NEILSTON PLAYERS FOUNDER & CHAIRMAN

- Community Amateur Dramatic Club
- 3 x Pantomimes (Cinderella, Aladdin & Sleeping Beauty)
- Boosting Community Confidence
- Working together with Local Community Organisations
- Keeping Active & Social



CAPLAW MODEL FLYING GROUP FOUNDER

- 3 x Grass Runways Gleniffer Braes, Paisley
- 40 Members
- Remote Control Instructors
- Great Social Activity
- Improving Social Isolation



NATIONAL COMMUNITY RESILIENCE MANAGER CRAIG HUNTER – SCOTTISH AMBULANCE SERVICE

- Overview of Community First Responder (CFR) schemes
- How they can make a difference
- Questions

CURRENT STRUCTURE

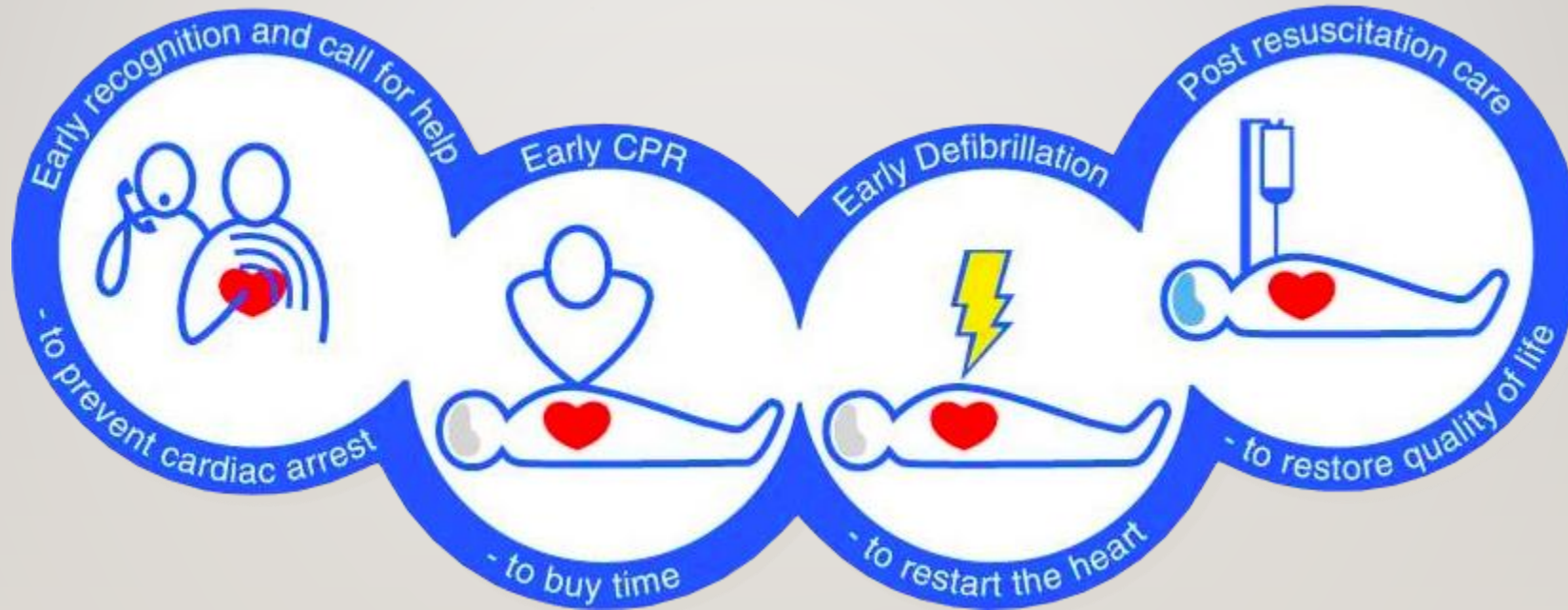
- **130+** Community First Responder Schemes across Scotland
- **1200+** Volunteers
- **2** SFRS Co-Responder Teams
- **10** SAS Community Resilience Team members

WHAT ARE CFR'S?

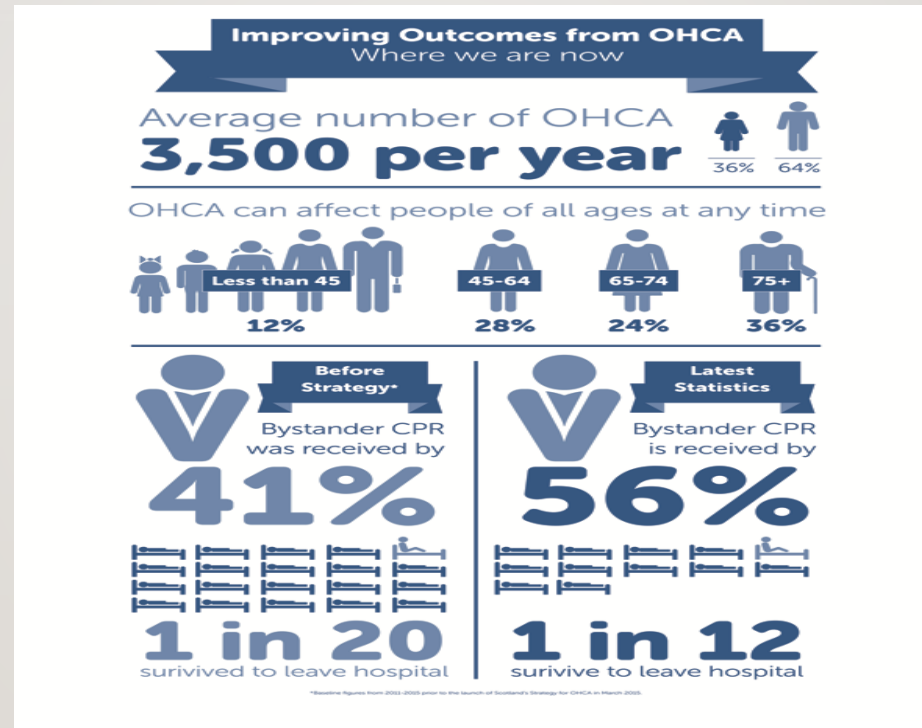
Community First Responders:

Volunteers who are trained and dispatched by the ambulance control centre to attend life threatening medical emergencies in the area where they live or work and provide basic life support until the arrival of the professional ambulance crew

MAKING A DIFFERENCE?



MAKING A DIFFERENCE



THANKS FOR LISTENING!

- Any Questions?

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