

Response ID ANON-4ZP6-AWSH-7

Submitted to **Consultation on the New National Health and Social Care Standards**

Submitted on **2017-01-20 11:23:12**

About You

What is your name?

Name:

Ian McCall

What is your email address?

Email:

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Are you responding as an individual or an organisation?

Organisation

What is your organisation?

Organisation:

Paths for All

Postcode

postcode:

FK10 2HU

The Scottish Government would like your permission to publish your consultation response. Please indicate your publishing preference:

Publish response with name

We will share your response internally with other Scottish Government policy teams who may be addressing the issues you discuss. They may wish to contact you again in the future, but we require your permission to do so. Are you content for Scottish Government to contact you again in relation to this consultation exercise?

Yes

Did you attend an engagement event/workshop before completing this response?

No

Date:

Name of event:

Questions

1 To what extent do you think the Standards will be relevant and can be applied across all health, care and social work settings?

Neither agree nor disagree

Comments:

2 To what extent do these Standards reflect the experience of people experiencing care and support?

Neither agree nor disagree

Comments:

3 To what extent do you think this Standard describes what people should expect to experience from health, care and social work services?

3 - Standard 1: I experience high quality care and support that is right for me.:

Neither agree nor disagree

Is there anything that is missing or should be added to this Standard?:

The section on Activities (Particularly 1.37) should include specific reference to walking as the most accessible physical activity for most people.

Any other comments:

Paths for All supports a range of walking opportunities through projects across Scotland.

<http://www.pathsforall.org.uk/pfa/health-walks/health-walks.html>

We are keen to work in partnership and support people to get more active.

Many approaches are possible: e.g. a local walking for health group, Pedometer Packs or a condition specific walking group.

Through our Dementia Friendly Walking project we are providing training, funding and support to make the Walking for Health network dementia friendly. We are also working to raise awareness about the benefits of walking for people living with dementia.

<http://www.pathsforall.org.uk/pfa/health-walks/dementia-friendly-walking.html>

Our Strength and Balance programme offers training and resources to help combine strength and balance exercises with advice on walking to help older adults stay active and independent. <http://www.pathsforall.org.uk/pfa/health-professionals/strength-and-balance.html>

Paths for All can offer support, advice and guidance on opportunities for walking .

<http://www.pathsforall.org.uk/pfa/health-professionals/health-professionals-and-walking.html>

4 To what extent do you think this Standard describes what people should expect to experience from health, care and social work services?

4 - Standard 2: I am at the heart of decisions about my care and support.:

Neither agree nor disagree

Is there anything that is missing or should be added to this Standard?:

Any other comments:

5 To what extent do you think this Standard describes what people should expect to experience from health, care and social work services?

5 - Standard 3: I am confident in the people who support and care for me.:

Neither agree nor disagree

Is there anything that is missing or should be added to this Standard?:

Wellbeing - feeling safe and secure in the area where I live (3.22) - should encompass an environment that enables active travel (walking, cycling, public transport)

Any other comments:

Tools for exploring the quality of local environments and identifying priorities for improvement include the The Place Standard and Community Street Audits.

<http://www.placestandard.scot/#/home>

<https://www.livingstreets.org.uk/what-we-do/projects/walking-communities-scotland>

Paths for All can offer support, advice and guidance on improving the environment for walking .

<http://www.pathsforall.org.uk/activetravel>

<http://www.pathsforall.org.uk/pfa/health-walks/travel-actively.html>

6 To what extent do you think this Standard describes what people should expect to experience from health, care and social work services?

6 - Standard 4: I am confident in the organisation providing my care and support.:

Neither agree nor disagree

Is there anything that is missing or should be added to this Standard?:

Any other comments:

7 To what extent do you think this Standard describes what people should expect to experience from health, care and social work services?

7 - Standard 5: And if the organisation also provides the premises I use.:

Neither agree nor disagree

Is there anything that is missing or should be added to this Standard?:

Wellbeing - this should encompass an environment that enables outdoor physical activity - particularly an environment that enables walking through paths and greenspace.

Any other comments:

Paths for All can offer support, advice and guidance on improving the environment for walking .
<http://www.pathsforall.org.uk/pfa/creating-paths/developing-a-managing-paths.html>

8 To what extent do you think this Standard describes what people should expect to experience from health, care and social work services?

8 - Standard 6: And where my liberty is restricted by law.:

Neither agree nor disagree

Is there anything that is missing or should be added to this Standard?:

Any other comments:

9 To what extent do you think this Standard describes what people should expect to experience from health, care and social work services?

9 - Standard 7: And if I am a child or young person needing social work care and support.:

Neither agree nor disagree

Is there anything that is missing or should be added to this Standard?:

Any other comments:

10 To what extent do you agree these new Standards will help support improvement in care services?

Neither agree nor disagree

Comments:

11 Is there anything else that you think needs to be included in the Standards?

No

If yes, please provide details:

12 Is there anything you think we need to be aware of in the implementation of the Standards that is not already covered?

Comments:

Implementation of the standards should make strong links to physical activity opportunities - particularly walking.

- Getting people active through walking is a key way to support better health and longer healthy lives – taking pressure off health and social care services
- The promotion of walking should be at the heart of our health service and the National Walking Strategy is key to embedding walking in our daily lives
- This is a key opportunity for effective preventative spending

The National Walking Strategy makes the links between active travel, health and environment. It has three strategic aims:

- Create a culture of walking
- Better walking environments throughout Scotland
- Ensure easy, convenient independent mobility for all

<http://www.gov.scot/Publications/2014/06/5743>

<http://www.stepchangescot.scot/>

13 What should the new Standards be called?

National Health and Social Care Standards

If you answered other, please provide details:

14 Any other comments, suggestions?

Any other comments, suggestions?:

Background

Paths for All is a Scottish charity founded in 1996. We champion everyday walking as the way to a happier, healthier Scotland. We want to get Scotland walking: everyone, everyday, everywhere.

Our aim is to significantly increase the number of people who choose to walk in Scotland - whether that's for leisure or walking to work, school, the shops or to a nearby public transport hub.

We want to create a happier, healthier Scotland where increased physical activity improves quality of life and wellbeing for all. We work to develop more opportunities and better environments not just for walking, but also for cycling and other activities, to help make Scotland a more active, more prosperous, greener country.

Our work supports the delivery of the Scottish Government's National Walking Strategy and the Long-term Vision for Active Travel in Scotland, community and workplace health walking, path network development and active travel policy development.

We are a partnership organisation with 28 national partners. Our funders include the Scottish Government, Transport Scotland, Scottish Natural Heritage, Macmillan, The Life Changes Trust and Awards for All.

15 We recognise that people may have more than one experience of / involvement with health and care services. For example; you may work in a hospital or care home and also be a registered carer for a friend or relative receiving care services. For the purposes of this consultation please indicate the main capacity in which you are responding.

As a representative of an organisation / service provider

If you answered other, please provide details:

16 Once finalised these new Standards will be made available in various formats. It would be helpful to know which format(s) may be required. Please indicate from the list below which formats you are most likely to use.

Other languages (please indicate which)::

17 Please indicate how you are most likely to access these Standards:

Online/electronic

Evaluation

Please help us improve our consultations by answering the questions below. (Responses to the evaluation will not be published.)

Matrix 1 - How satisfied were you with this consultation?:

Neither satisfied nor dissatisfied

Please enter comments here.:

Matrix 1 - How would you rate your satisfaction with using this platform (Citizen Space) to respond to this consultation?:

Slightly satisfied

Please enter comments here.: