

Mental Health and Social Support: Linking Research and Practice

Thursday 23rd March, IET Teacher Building , 14 St Enoch Square, Glasgow

Agenda

- 16.30-17.00** *Registration , refreshments and light buffet*
- 17:00-17:15** **Joyce Cavaye**, Faculty of Health and Social Care, The Open University
Welcome and Introduction
- 17.15-17.45** **Dr Jonathan Leach**, Lecturer in Health and Social Care, The Open University
Improving mental health through social support
- 17.45-18.15** **Frances Simpson**, Chief Executive, Support in Mind Scotland
Social Support: A vital place for mental health and wellbeing
- 18.15-19.00** **Claire Stevens**, Chief Officer, Voluntary Health Scotland
Discussion session
- 19:00** **Close of session**



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