



support
in mind
scotland

action for people affected by mental illness



The Open
University

Scotland

Mental Health and Social Support: Linking Research and Practice

Wednesday 2 November 2016, The Steeple Church, Nethergate, Dundee, DD1 4DG

Seminar Agenda

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|---------------|---|
| 16.30 - 17.00 | Buffet and refreshments on arrival |
| 17.00 - 17.15 | Welcome and opening remarks
Seminar Chair, Joyce Cavaye, The Open University Scotland |
| 17.15 - 17.45 | Improving Mental Health Through Social Support
Dr Jonathan Leach, Lecturer in Health and Social Care, The Open University |
| 17.45 - 18.30 | Social Support: A Vital Place in Mental Health and Wellbeing
Frances Simpson, Chief Executive, Support in Mind |
| 18.30 - 19.00 | Discussion session
Chaired by Claire Stevens, Chief Officer, Voluntary Health Scotland |
| 19.00 | Close of session |



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