

AGENDA

MORNING

8.45– 9.30 **Registration**
Refreshments, Exhibition Viewing, Networking

9.30-10.45 **Session 1**

Why a Conference on Loneliness and Health?
Conference Chair- Carolyn Sawers, Head of Policy and Learning
Scotland, Big Lottery Fund

Keynote Address: A Realistic Medicine Approach to Loneliness
Dr Catherine Calderwood, Chief Medical Officer for Scotland

Tackling Loneliness and Isolation: A Partnership Approach
Marie Hayes, Director Scotland Independent Living and Crisis,
British Red Cross

10.45-11.15 Refreshments and Exhibition Viewing

11.15-12.15 **Session 2**

**Panel : Working Together to Combat Isolation -
Four Third Sector Perspectives**

James Jopling, Executive Director for Scotland, Samaritans
Pete White, Chief Executive, Positive Prison? Positive Futures
Mark Hazelwood, Chief Executive, Scottish Partnership for
Palliative Care

Liz May, National Co-ordinator, Action for Sick Children
Scotland

12.15-1.30 **AGM, Lunch and Exhibition Viewing**

Lunch Sponsored By:



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AFTERNOON



1.30-2.40

Session 3

Ways to deal with loneliness

John Davidson, Music in Hospitals Scotland

A Social Isolation Strategy for Scotland

Paul Okroj, Head of Volunteering, Chest Heart and Stroke Scotland

Round Table Discussions

What needs to be in the Scottish Government strategy?

2.40-3.00

Refreshments, Networking and Exhibition Viewing

3.00-4.15

Session 4

Responding to Loneliness: Opportunities and Pitfalls

Professor Tom Scharf, Social Gerontology, Institute of Health and Society, Newcastle University

A Public Health Response to Loneliness

Dr Andrew Fraser, Director of Public Health Science, NHS Health Scotland

Today's Outcomes and Next Steps

Claire Stevens, Chief Officer, Voluntary Health Scotland

4.15 Conference Close

