

## Health Charity Leaders in Conversation with Pennie Taylor

### Pennie Taylor, Health Journalist

Journalist and broadcaster Pennie Taylor is a leading commentator on health and social care in Scotland. A communications specialist, she has served on the newsdesks of national newspapers and was BBC Scotland's first Health Correspondent, working across news and current affairs for television and radio.

Pennie also spent two years as Head of Communications for the then Lothian University Hospitals NHS Trust, which gives her an informed perspective from which to stimulate discussion and debate. These days, Pennie is a regular contributor to radio and television programmes. She continues to write about the health and care issues that affect us all.



 [@ptupdate](#)

### Clare Cable, Chief Executive & Nurse Director, QNIS



 [@ClareCable](#)

Clare joined QNIS in February 2014, bringing her experience as a nursing leader in health care improvement and policy.

She was one of the first graduate nurses from the University of Southampton in 1989. She trained as a children's nurse in Oxford and in 1993 she joined the Royal College of Nursing (RCN) as a member of the Standards of Care programme, completing her Masters degree a year later. She built a strong portfolio of evaluation research, practice development and national quality improvement projects and was appointed

Director of the RCN's Quality Improvement Programme in 2003 which, at that time, included the NICE Collaborating Centre for Nursing and Supportive Care. She moved to Edinburgh in 2007, honing her healthcare policy and influencing skills in community nursing as a Policy Adviser at the RCN in Scotland. Her vision is to release the creativity of nurses to be catalysts for positive change in the health and wellbeing of individuals, families and communities.


## **Nigel Henderson, Chief Executive, Penumbra**



Nigel joined Penumbra in 1991 working in a number of senior roles before becoming Chief Executive in 1999.

Nigel is a qualified mental health and general nurse and has worked in the NHS and in other voluntary sector

organisations. He has been working in mental health for

 **@penumbra\_scot** over 30 years and has a wealth of experience in leading, managing, developing and innovating services. Nigel is currently President of Mental Health Europe, trustee of the Albion Trust and the Scottish Community Re:Investment Trust (SCRT). He is in his second term as a Board member of the Mental Welfare Commission for Scotland.


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## **Jane-Claire Judson, National Director, Diabetes Scotland**

Jane-Claire joined Diabetes UK in 2008 and leads the work of the charity in Scotland. In her role as National Director of Diabetes Scotland, Jane-Claire is focused on and has direct experience of making sure the voices of people accessing health services, in particular those who face barriers due to health inequalities, are heard at all levels in Scotland and reflected in any decisions regarding diabetes care.



With a keen interest in volunteering and the development of the Third Sector, Jane-Claire is currently Vice Chair of Volunteer Scotland and a Board Member of the Association of Chief Officers of Scottish Voluntary Organisations. In December 2015 Jane-Claire was appointed to the Board of NHS Health Scotland.

 **@DiabetesScot**

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## **Mark O'Donnell, Chief Executive, Chest Heart & Stroke Scotland**



Mark O'Donnell is Chief Executive of Chest Heart & Stroke Scotland. Previously, he was Scotland Director of the MS Society. Before that he spent almost 5 years on secondment (from the Scottish Ambulance Service) to the Scottish Government in various senior health and social care roles. His substantive role as the ambulance service for 3 years prior to that was Head of Planning and Performance. Mark had joined them after 5 years as Director of Projects and Service at ASH Scotland. He is currently a Trustee of the Scottish Council for Voluntary Organisations (SCVO) and the Health and Social Care Alliance ('The Alliance') Scotland.

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