**Unequal lives, unjust deaths**

**Transitions: tackling health inequalities**

24 June 2014, Scottish Youth Theatre, Glasgow

Health inequalities can be apparent from the earliest stage in life and disadvantaged people in Scotland die younger. Health inequalities are not inevitable and they can be prevented.

This is the second event in the unequal lives, unjust deaths series examining how the voluntary sector can collaborate to tackle health inequalities across the life course. This seminar will look at health inequalities and transitions – focusing on young people, who for reasons of disability or other social circumstances, face inequalities in the transition from youth to adulthood.

09:30 Registration and refreshments

10.00 **Welcome and introduction from the Chair**

Scott Read, Scottish Transitions Forum

**Session One:**

10:10 Ruth Jepson, Scottish Collaboration for Public Health Research and Policy (SCPHRP)

*Evidence base for tackling health inequalities in transition services and critical transition periods*

10:25 Laura Meikle, Support and Wellbeing Unit, Scottish Government

*Current and emerging policy and legislation and its impact on transition pathways for young people*

10:40 **Roundtable** **discussion**: Third sector work

*What is currently being done by the third sector to contribute to reduce health inequalities for young people in transition?(who, what, why, when, how)*

11:20 Refreshments

**Session Two:**

11:30 Marion Henderson & Helen Sweeting, Medical Research Council Social and Public Health Sciences Unit (MRC SPHSU)

*The effect of transitions on young people's health and health-behaviours*

11:45 Pamela Barnes, Includem

*Supporting young people in transition*

12:00 **Roundtable discussion**: Opportunities and priorities

*What challenges and opportunities are faced by the third sector when addressing health inequalities in transitions? What support does the voluntary health sector need to tackle these going forward?*

12:45 Claire Stevens, Voluntary Health Scotland

*Summary and closing remarks*

13:00 Sandwich lunch and networking

13:30 Close